



Johnson County Community College  
**Transfer Program to the University of Kansas**  
School of Education & Human Sciences  
Health, Sport, and Exercise Sciences  
Exercise Science (B.S.)  
2024-2025 Catalog

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The Associate of Arts degree (A.A.) at JCCC is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students pursuing the A.A. may select courses that satisfy both the A.A. degree requirements and lower division requirements for a bachelor's degree at four-year institutions. The elective hours within the A.A. allow students to complete additional general education and lower division courses required for specific majors. The A.A. degree requires completion of 60 credit hours; please see [JCCC A.A. degree requirements](#). Meeting with a JCCC counselor is strongly recommended for selection of appropriate courses.

- The Exercise Science program prepares individuals for careers in physical therapy, cardiac rehabilitation, and strength and conditioning.
- Students can be admitted into the Exercise Science program as transfer students if they are admitted to KU, declare Exercise Science as their major, and meet the following criteria:
  - A KU + Transfer Cumulative GPA of at least 2.75
- For information about initial admission to KU, visit the [Office of Admissions](#). Visit the [Office of International Support Services](#) for information about international admissions.
- Prospective Exercise Science students should consult an advisor early in the first year to plan efficient programs of study.
- The following minor programs are approved: Sport Management; Business; Psychology; Public and Population Health; and Nutrition. Any listed major may be declared and completed as 18 elective credit hours OR taken as individual courses toward the 15 required elective hours. Please note that Public and Population Health and the Nutrition minors are currently only offered on the KU Edwards Campus.
- A maximum of 75 hours may be transferred to KU from community colleges. Students should be aware that 45 junior/senior credit hours are required for completion of the bachelor's degree; 30 of those hours must be at KU; and community college courses do not transfer as junior/senior hours.
- A student must earn a grade of "C-" or higher in KU CORE 34 written and oral communication courses and quantitative literacy courses. Only 6 hours of Credit/No Credit is allowed for general education courses. A student cannot take a class Credit/No Credit for any major requirement. Minimum total hours for graduation is 120.
- Effective Fall 2024: Students transferring to KU, with an AA, AFA or AS degree from JCCC will be considered to have satisfied KU's Core 34 general education curriculum.
- Effective Fall 2024: Students who transfer to KU, without completing AA, AFA or AS degree will have courses evaluated on a course-by-course basis toward meeting KU requirements. To learn more about courses that satisfy KU Core 34 requirements visit: <https://catalog.ku.edu/core34/> and <https://credittransfer.ku.edu/>
- KU's Core 34 General Education guide can be found [here](#).

**It is the STUDENT'S RESPONSIBILITY to check for updates to all transfer information. This transfer guide is provided as a service and is updated as needed. Degree requirements at the four-year colleges are subject to change by those institutions. To ensure you have the most accurate up to date information about the program, it is imperative you meet with an advisor at the transfer institution.**

## KU Core 34 & Program Requirements

KU Courses	Hrs	JCCC Courses	KU Core 34	Hrs
<b>KU Core 34</b>				
ENGL 101 Composition+	3	ENGL 121 Composition I*	ENG	3
ENGL 102 Critical Reading and Writing+	3	ENGL 122 Composition II*	ENG	3
COMS 130 Public Speaking+	3	COMS 121 Public Speaking	CMS	3
MATH 101 College Algebra+	3	MATH 171 College Algebra*	MTS	3
BIOL 100/102 Principles of Biology/Lab# (Must have a minimum grade of "C-" or better)	3/1	BIOL 121 Introductory Biology for Non-Majors	NPS/NLEC/ NLAB	4
Core 34: Social and Behavior Science (Select two courses in two different disciplines – 6 hrs. total)		<a href="#">See KU Core 34 General Education guide</a>	SBS	3
PSYC 104 General Psychology+	3	PSYC 130 Introduction to Psychology		3
Core 34: Arts and Humanities (Select two courses in two different disciplines – 6 hrs. total)		<a href="#">See KU Core 34 General Education guide</a>	AH	3
PHIL 160 Introduction to Ethics+	3	PHIL 143 Ethics		3
Core 34: US Culture – Institutionally Designated	3	<a href="#">See KU Core 34 General Education guide</a>	USC	3
Core 34: Global Culture - Institutionally Designated	3	<a href="#">See KU Core 34 General Education guide</a>	GLBC	3
<b>Program Requirements</b>				
BIOL 240/241 Fund. of Human Anatomy/Lab	3/2	BIOL 140 Human Anatomy		4
BIOL 246/247 Princ. of Human Physiology/Lab	3/2	BIOL 225 Human Physiology*		4
BIOL 200/203 Basic Microbiology/Lab	3/2	BIOL 230/231 Microbiology*/Lab*		3/2
HSES 330 Principles of Nutrition & Health	3	BIOL 235 The Science of Human Nutrition*		3
CHEM 130 General Chemistry I	5	CHEM 124/125 General Chemistry I*/Lab*		4/1
CHEM 135 General Chemistry II	5	CHEM 131/132 General Chemistry II*/Lab*		4/1
HSES 350 Care and Prevention of Athletic Injuries	3	HPER 204 Care and Prevention of Athletic Injury		3
HSES 269 Introduction to Exercise Science	3	HPER 215 Introduction to Exercise Science		3
MATH 103 Trigonometry <b>OR</b>	2	MATH 172 Trigonometry* <b>OR</b>		3
MATH 104 Precalculus Mathematics <b>OR</b>	5	MATH 173 Precalculus* <b>OR</b>		5
MATH 115 Calculus I <b>OR</b>	3	MATH 231 Business and Applied Calculus I* <b>OR</b>		3
MATH 125 Calculus II	4	MATH 241 Calculus I*		5
PHSX 114 College Physics I	1-4	PHYS 130 College Physics I*		5
PHSX 115 College Physics II	1-4	PHYS 131 College Physics II*		5
Select 15 credit hours from the following list of electives and minors: (Courses used to satisfy KU Core 34 requirement may <u>not</u> count toward this 15 credit hour requirement)				
GIST 210 Culture and Health	3	ANTH 160 Medical Anthropology		3
BIOL 150 Principles of Molecular & Cellular Biology	3	BIOL 135 Principles of Cell and Molecular Biology		4
CHEM 330/331 Organic Chemistry I/Lab	3/2	CHEM 220 Organic Chemistry I*		5
CHEM 335/336 Organic Chemistry II/Lab	3/2	CHEM 221 Organic Chemistry II*		5
HEIM 230 Medical Terminology	3	HC 130 Medical Terminology for Healthcare Professions		3
MATH 365 Elementary Statistics	3	MATH 181 Statistics*		3
PSYC 333 Child Development	3	PSYC 215 Child Development*		3
SOC 104 Elements of Sociology	3	SOC 122 Introduction to Sociology		3
A maximum of 6 credit hours of foreign language courses can be counted as required elective credit				
HSES advisor approval needed	6	See <a href="#">JCCC Foreign Language</a> courses		6

\* JCCC course has a prerequisite or corequisite.

+This course is a **Recommended** Core 34: Systemwide General Education course. This specific course is not required but is recommended by the program's faculty.

#This course is a **Required** Core 34: Systemwide General Education course. This program is approved by the Kansas Board of Regents to require this specific Core 34: Systemwide General Education course. If a student did not take this course, it must be taken in addition to other degree requirements.