

2020 Fall Expansion Class Descriptions

15 Minutes of Fame– Public speaking is an important life skill. Choose a famous person and research their life to prepare and present a speech that he or she might make. Accept a Grammy or hold a press conference, the choice is yours!

“Adulthood” 101– Learn general problem solving skills that will be necessary for independent living. Master making appointments for yourself, ordering dinner and other basic adult life skills.

Appalachian History: Song, Dance, Art – Learn the history of the Appalachians through music, art and dance. Look at famous musicians and artists from the region, as well as everyday people.

Career Exploration– Career development is a journey of self-assessment and decision-making. Identify possible careers that match your personality and interests and leverage your college experience to jumpstart a career.

Choral Music – Learn the basics of choral music from professional groups to local choirs. Study composers, etiquette and musical styles.

Communication for Work and Friends– Gain communication, presentation and networking skills to build friendships, resolve conflict and maximize your employment goals.

Countries of Europe – Learn about the countries, people, food, music and popular culture of Europe.

Digital Calendar– Learn how to access and view photos on the computer and use your skills to create a calendar. Become familiar with online calendar tools such as google and outlook to organize your days.

Disability Awareness– Originally passed in 1990, the Americans with Disabilities Act turns 30 this year. Celebrate this historic legislation by studying the impact that it still has today.

Disney Art and Animation- Discover the artists and animators of the Walt Disney Company. Explore how everything from books to full-length animated features are produced.

Egypt– Explore the history of Egypt including pyramids, hieroglyphs, pharaohs and mummies. Create Egyptian-inspired artwork and participate in group activities.

Family Relationships– As you age, your relationships with your family change. Learn how to navigate this new stage in life and how to keep these important relationships strong.

Fundamentals of Debate – Learn the basics of debate by reading debate scripts, using fun topics and supporting a position. Practice etiquette courtesy.

Great American Novels on Film – Which is better: the book or the movie? Study the plots of some of America’s most beloved books and compare their film adaptations.

Healthy Eating – Learn how keeping a balanced diet plays an important role in your health and well-being. Make healthier choices using substitutions and learn about healthy portions.

Healthy Relationships– Relationships are key elements to a happy life. Study how to maintain healthy friendships and romantic relationships as you transition to adulthood.

Hidden Messages: Your Body Language– Are you saying one thing and your body is sending a different message? Learn to understand the unspoken language of our faces and bodies.

History of Advertising– How do companies convince you to buy their products? We’ll learn about all types of commercials and advertising from print ads to computer pop-ups and even product placement in TV and movies.

Kansas History – What do you know about our state? Learn about the history, the land, animals and people who live here.

Leisure Activities– Looking for a new way to pass the time? Come find a new hobby or share a game or activity that you enjoy.

Life Hacks – Life hacks are ideas for making everyday tasks go faster and easier. Find hints online for cooking, shopping, studying, saving money and other daily living skills.

Music of Motown – Do you enjoy listening to the music of Stevie Wonder, The Jackson 5 and the Supremes? Learn the history of this music including its origins and major contributors.

Our Lifespan: Birth to Adult– Explore the different stages of development everyone experiences throughout their life. Study infancy through adulthood.

Personal Safety – Learn ways to keep yourself and your friends and loved ones safe. We will discuss topics such as safety on campus and in the community, protecting your identity and other areas important in today’s world.

Practical Math – Let’s work on the math you need to find the best deals in entertainment, clothing, grocery, online shopping and more. Learn how to figure tips, estimate sales tax, online shipping charges and other hidden costs.

Reading Club – Each week, read about current events and interests. Discuss your readings in small groups and report what you learn to your classmates! **Third grade reading level required.*

Rock and Roll History – Study the roots of the rock genre through reading and listening to sample music. Take a listening tour of students favorite rock artists. This course is partially student directed.

Science in Our Lives – Learn the ways that science has changed our lives. Bring your science questions to class and we will research them.

Stand Up and Stretch – Stretching is an important way to take care of your body. Learn yoga poses and stretches for eliminating pain and preparing for exercise.

Stressbusters – There are many ways to relieve stress and tension in your life. Exercise, music, games or hobbies can help you stay calm and cope. Learn what works best for you.

The Sound of Music– What makes a musical a musical? Listen to and study a variety of classical and contemporary musicals to explore this fun and exciting genre.

Transition Skills– As you make the move towards independence, learn how to advocate for your rights and other topics related to living independently in a community.

Vocational Training Program (VTP)- Using hands-on and classroom based learning, gain the skills necessary to enter the workforce. Part one of the two part CLEAR vocational training program. *This course is a select admission program. Only students previously notified of their acceptance may enroll. This course is two hours in length.*

VTP Job Development – Part two of the two part CLEAR Vocational Training Program (VTP), this course will prepare students for their community-based internships. *This course is a select admission program. Only students who previously completed part one of the CLEAR VTP may enroll.*

Your Personal Strengths– We all have different qualities that make us unique individuals. Discover your personal strengths and how to make the most of them to enhance your life.