



The Associate of Arts degree (A.A.) at JCCC is a general transfer degree and partners well with the first two years of most bachelor degree programs. Students pursuing the A.A. may select courses that satisfy both the A.A. degree requirements and lower division requirements for a bachelor's degree at four-year institutions. The elective hours within the A.A. allow students to complete additional general education and lower division courses required for specific majors. The A.A. degree requires completion of 64 credit hours, the maximum number of hours from a community college that will be applied toward a bachelor's degree at most four-year schools. **Meeting with a JCCC counselor is strongly recommended for selection of appropriate courses.**

- If students have completed an AA or AS degree, they are only required to fulfill the Spiritual Development area of the general education requirements.
- Certain majors may require specific classes in the general education core. Students should check the major's specific section of the current MNU catalog for requirements and with a faculty advisor from that department to determine applicability of transfer courses.
- Upper division credit will NOT be given for lower division courses that are transferred in as equivalents to upper division courses.
- Courses from the Learning Center, Academic Achievement Center, and Learning Strategies will not transfer to MNU. These courses are considered remedial or developmental. With special approval from the Kresge Academic Support Center at MNU, required developmental courses at MNU could be waived with satisfactory completion of courses from these areas. No college credit will be granted for these courses.

This guide covers the following departments, majors and Emphasis areas:

Department of Health & Exercise Science (HLEX)

- **Athletic Training**
- **Recreation & Leisure Studies**
- **Kinesiology**
 1. **Pre-professional Pre-Physical Therapy**
 2. **Pre-Occupational Therapy Emphasis**
 3. **Pre-Chiropractic Emphasis**
 4. **Health and Fitness Emphasis**

Spiritual Development - 7 semester hours		
Area	MNU Requirement	JCCC equivalent
Biblical Literature (4 hours)	BLIT 1004 Discovering the Bible OR BLIT 1012 Discovering the Bible I AND BLIT 1022 Discovering the Bible II	No equivalent No equivalent No equivalent
Theology (3 hours)	THEO 2003 Christian Beliefs	No equivalent

Self Understanding - 5 to 9 semester hours		
Area	MNU Requirement	JCCC equivalent
Psychology (3 -6 hours)	PSYC 1103 General Psychology For Kinesiology majors only (PSYC 2513)	PSYC 130 Introduction to Psychology Kinesiology Majors Only (PSYC 218)
Freshman Studies	FRST 1101 Freshman Seminar OR Sophomore standing	No equivalent
Physical Education (2 hours)	PHED 1202 Techniques for Lifetime Fitness	No equivalent

Critical Thinking - 9 to 11 semester hours		
Area	MNU Requirement	JCCC equivalent
Math (3 -5 hours) NOT PT or Pre-Chiro Majors	MATH 1223 College Algebra or ACT math score of 28 or higher	MATH 171 College Algebra
Statistics (3 hours)	MATH 3503 Applied Math with Stats	No equivalent, however MATH 181 will fulfill the general education requirement
Philosophy (3 hours)	PHIL 2003 Ethics	PHIL 143 Ethics
Phys. Therapy & Pre-Chiropractic Majors Only	MATH 1335 Precalculus	MATH 173 Precalculus

Effective Communication - 6 to 9 semester hours		
Area	MNU Requirement	JCCC equivalent
Public Speaking (3 hours)	COMM 1303 Public Speaking	SPD 121 Public Speaking
English (3-6 hours)	ENGL 1503 English Composition I OR ACT English score of 26 or higher AND ENGL 1703 English Composition II	ENGL 121 Composition I ENGL 122 Composition II

Social Responsibility - 3-9 semester hours		
Area	MNU Requirement	JCCC equivalent
Social Science (3 hours)	SOCI 1003 General Sociology	SOC 122 Introduction to Sociology
Recreation and Leisure Studies majors also need:		
3 hours	POLS 1103 Intro. to Politics	POLS 124 American National Govnt.
3 hours	PSYC/SOCI 2203 Understand Multi. Behav.	No equivalent

Scientific Literacy - 4 semester hours		
Area	MNU Requirement	JCCC equivalent
Anatomy (4 hours)	BIOL 1704 Human Anatomy	BIOL 140 Human Anatomy OR BIOL 144 Human Anatomy & Physiology
Chemistry (4 hours)	CHEM 1004 Intro to Chemistry (Req. for ATHL, KINE-OCTH, KINE-FIT majors) OR CHEM 1104 General Chemistry I (Req. for KINE-PHTH, KINE-CHIR majors)	CHEM 122 Principles of Chemistry (Req. for ATHL, KINE-OCTH, KINE-FIT majors) OR CHEM 124/125 Gen. Chem I/Lab (Req. for KINE-PHTH, KINE-CHIR majors)
Physics (3-4 hours)	GNSC 2203 Physics in Everyday Life (Req. for ATHL, KINE-OCTH, KINE-FIT majors) OR PHYS 1104 General Physics I (Req. for KINE-PHTH, KINE-CHIR majors)	PSCI 120 Physical Science (Req. for ATHL, KINE-OCTH, KINE-FIT majors) OR PHYS 130 General Physics I (Req. for KINE-PHTH, KINE-CHIR majors)
Physiology	BIOL 1803 Human Physiology (Req. for ATHL, KINE-OCTH, KINE-FIT, KINE-PHTH, and KINE-CHIR majors)	BIOL 225 Human Physiology (Req. for ATHL, KINE-OCTH, KINE-FIT, KINE-PHTH, and KINE-CHIR majors) OR BIOL 144 Human Anatomy & Physiology
Nutrition	GNSC 3703 Human Nutrition (Req. for ATHL, KINE-OCTH, and KINE-FIT majors)	BIOL 235 General Nutrition (Req. for ATHL, KINE-OCTH, and KINE-FIT majors)
	BIOL 1124 Biology II (Req. for RCLS majors)	BIOL 127 General Zoology (Required for RCLS majors)