

First Steps Toward Exploring Careers...



Consider the following during *initial* career planning:

Step #1 – Discovering Yourself

- *What career daydreams have I had over the years? What appeals to me about them?*
- *What kind of information would help me make an effective career decision?
How can I use this information?*
- *What self assessment tools are available for me through JCCC Career Services?*

Step #2 – Exploring Options

- *Based on what I learned through self assessments, what are my options? How do I decide what is most important to me?*
- *What are my priorities? How do these fit into career options I am considering?*
- *If I can't find a career that meets all of my priorities, what can I do?*

Step #3 – Making A Decision

- *Am I willing to invest the time and energy to make a career decision?*
- *How will I know if I am making the best decision? What would the consequence be if I don't make the best decision?*
- *How committed am I to this decision?*

Step #4 – Taking Action

- *What is one goal that I have? How can I reach it? What action can I take now?*
- *Can I visualize this goal clearly and see myself doing it?*
- *Is this my goal or one that others have recommended?*

Step #5 – Evaluating The Decision

- *Is my decision a realistic option?*
- *Is there anything preventing me in achieving this goal? What would it mean if I didn't have any barriers?*
- *Who is my support system to assist me with achieving this goal?*

Career Services Center

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