Johnson County Community College
Drug and Alcohol Abuse Education,
Testing and Counseling (DAAETC) Procedures

Preamble
This document (known as the/this “Document”) has been drafted to protect both the student athlete and the JCCC athletics program. Illicit drug and alcohol usage within the context of competitive athletics compromises the physical well-being of the athletic participants, and is a health-safety issue for athletes. Drug and alcohol testing is necessary also to help eliminate performances enhanced through the use of drugs and banned substances, and to protect the integrity of the JCCC program.
This document constitutes an agreement between the student-athlete and JCCC. However no contractual obligation is stated or implied. JCCC may amend this document from time to time as needed, with or without notice to the student athlete.

I. All athletes who compete for athletic teams at Johnson County Community College are required to participate in the Drug and Alcohol Abuse Testing, Prevention and Counseling Program (DAAETCP).
   A. The DAAETCP shall be an integral part of the overall athletics program, along with sanctions as they are appropriate.
   B. The team coach will inform each recruit and walk-on athlete of the drug and alcohol testing requirement.
   C. A percentage of the members from each JCCC athletics team may be tested at any time during the academic year or for as long as any team’s season may extend into the summer.

II. Reasonable Suspicion—Athletes may be requested by their head team coach, the head athletic trainer, or the Director of Athletics, to submit to a non-random drug and alcohol test if:
   A. There is reasonable suspicion of drug or alcohol usage which could be a significant health and/or safety issue for the athlete and/or the team.
   B. The coach must sign and date a request form and write detailed description of the suspicious behaviors of the athlete and the circumstances surrounding the reason(s) for his/her suspicion that the athlete is participating in drug or alcohol abuse.
   C. Specific criteria must be met in order for a “reasonable suspicion” request to be honored.
   D. The final decision whether or not to test on suspicion shall be at the complete discretion of the head athletic trainer (and his/her expert consultants as required).

III. Refusing to participate
   A. An athlete who refuses to participate in the drug and alcohol testing program will be immediately suspended from practice and play until such time that the Director of Athletics has had an opportunity to review the athlete’s case.
   B. The review will be completed within five week-days immediately following the date of the drug test.
   C. “Refusing to participate” shall include but not necessarily be limited to:
      • “Failure to show” at a designated Drug and alcohol testing date, time and location.
      • Refusing to submit to a Reasonable Suspicion drug test
      • Arriving more than twenty minutes past the announced start time of the test, without first immediately contacting the head coach or head athletic trainer with a reasonable and verifiable reason for the tardiness, and an approximate time of arrival.
      • Repeatedly arriving late, or otherwise postponing or extending the sample collection process.
Note: Each case will be handled individually by the Director of Athletics. The severity of the penalty shall be at the sole discretion of the JCCC Director of Athletics, but will be derived from the guidelines contained within the DAAETC procedures.

IV. Testing Notification Procedure:
A. Athletes will be selected randomly for testing via a computerized randomization program except in cases of testing under reasonable suspicion.
B. No more than 18 hours’ notice of an upcoming test will be given.
   • Notification may arrive by any of the several available electronic communication technologies currently available or face to face. Use of Voice Mail should be avoided if at all possible unless the coach is certain that the contact telephone number for the athlete is for a mobile device belonging to the athlete themself.
   • It is the athlete’s sole responsibility to frequently check their communications media for messages. The athlete MUST reply immediately to a drug test notification message!
   • Conflicts with classes or job responsibilities during the time of a drug test must be reported immediately to the notifying person. The athlete must offer an approximate time of their arrival subject to approval by the notifying person.
   • An athlete is considered to be officially late if they arrive 20 minutes after the announced start time of the drug test. The validity of the reason for tardiness and the immediate consequence or leniency will be at the discretion of the athletic trainer on duty and the drug collection team leader together. They may also confer with the Director of Athletics on the matter.
   • A reasonable cause of absence from JCCC on the scheduled date and time must be provided in such case the athlete is unable to attend the drug test on the scheduled day.
   • Within 36 hours of the original announced time and date of the test, the athlete will be required to travel at their own expense to the independent testing agency employed by the college and submit a viable urine sample or appear at a designated time and place on campus to meet with drug testing officials.
   • Each athlete will be expected to arrive prepared to provide a viable urine sample within 30 minutes of their arrival. The athlete’s first attempt to provide a urine sample will be required as nearly as possible to 30 minutes following their arrival.
C. Urine sample collection will be conducted by an independent agency chosen for expertise in drug test sample collection, privacy safe guards and chain of custody procedures.
D. Urine samples will be analyzed by a laboratory chosen for the rigor of their privacy safeguards and chain of custody procedures.

V. General Procedures and Rules at the time of Sample Collection
A. From the moment of the athlete’s arrival at the designated drug testing location
   • The athlete will sign in and mark the time immediately upon arrival.
   • The athlete will sign a drug test acknowledgement sheet immediately upon arrival.
   • The athlete is officially late exactly 20 minutes after the announced start time of the drug test.
   • The athlete must make their first attempt to provide a usable urine sample within 30 minutes of their arrival.
   • The athlete is not allowed to eat, drink, or go to the restroom without permission and possibly accompaniment by a member of the drug testing team.
   • The athlete is not allowed to use a cell phone or other electronic communication device without permission of a member of the drug testing team.
   • The athlete may not leave the visual observation of testing site personnel.
   • Directly Observed specimen collection will be conducted and monitored by trained personnel
Note: If he/she so chooses, the athlete may bring one (1) witness, 18 years of age or greater to observe the collection procedure. The witness is required to identify themself to the drug testing personnel immediately upon arrival at the designated site. The witness must adhere to all rules governing the drug testing site, both written and implicit.

VI. Disclosure of Supplements and Medications
A. An athlete who is taking any medications or dietary supplements on a regular basis is required to inform the athletic training staff as part of their official medical history.
B. An athlete who is currently taking any prescribed medication at the time of a drug test MUST declare the fact PRIOR TO providing a urine sample. The athlete must bring the original prescription bottle with the original labeling, or an original prescription or pharmacy tab to the testing site, to be reviewed by drug testing personnel, or to the head athletic trainer within 24 hours following the drug test.
C. The prescribing physician may be contacted to establish a medical exception for an athlete found positive for the medication(s) that the athlete has been prescribed.

Note: The levels for detection for the tests utilized for college drug tests is set lower than drug screens commonly used in the work place.

VII. Substances Routinely Tested
A. Testing Tolerances
   - Urine samples submitted for athletics drug testing are tested at lower tolerances than typical workplace testing.
B. Alcohol
   - The use of alcohol by JCCC athletes is prohibited by team rules and the rules of the athletics department.
   - Any athlete who is reported and verified as having been arrested while under the influence or possession of any illegal substance (including alcohol), will be treated as if they had produced a positive drug screen. All provisions of this document will apply.
   - The athlete will be subject to penalties as established by their team, the athletics department, or by the College as outlined in the Student Handbook.
C. “Street” Drugs of Abuse
   - The use of drugs of abuse by JCCC athletes is prohibited by team rules and the rules of the athletics department, and of the college.
   - The athlete will be subject to penalties as established by their team, and the athletics department, or by the College as outlined in the Student Handbook.
D. JCCC’s routine drug screenings may look for the following drugs of abuse.
   - Marijuana
   - Synthetic marijuana-like products. (Synthetic canniniboids aka “K-2”)
   - Amphetamines
   - Cocaine
   - Ecstasy
   - Narcotic Pain Killers
   - Prescription Sedatives
   - Alcohol
   - Synthetic drugs known as “Bath Salts”
   - Certain dangerous dietary supplements, including but not necessarily limited to ephedra.
   - Any substance currently popular among the general college population.
   - Anabolic steroid screens may be utilized based upon reasonable suspicion

NOTE: No student shall unlawfully manufacture, distribute, dispense, possess or use a controlled substance, as defined in the Controlled Substances Act (K.S.A. 65-4101 as amended from time to time) on any college owned or college-
operated property, or at any college-sponsored event either on or off campus. Appropriate disciplinary action will also be taken by the college as outlined in the Student Code of Conduct.

VIII. **Safe Harbor Rule:**

A. An athlete may self-refer himself/herself to the JCCC DAAETCP to report his/her own use of illegal drugs, alcohol, or having received an MIP or DUI citation.
   - The immediate threat of serving game suspensions is waived.
   - The athlete will proceed through the regular counseling phase of the program prior to being allowed to participate in any upcoming game.
   - A self-referral counts as a first positive drug test or alcohol related incident.

*NOTE:* At the time of self-referral, the athlete will be required to provide a written, signed and dated note declaring their voluntary self-referral. An athlete MAY NOT resort to the safe harbor rule once they have already been randomly selected and notified of an impending test!

IX. **Counseling Phase**

A. A Positive Drug Test will Result in Immediate Commencement of the following Process
   - **Athlete is identified as needing counseling:** Has positive drug screen, or self-refers.
   - **Athletic director and head athletic trainer:** Explain the counseling process to athlete and arrange for athlete to meet with JCCC counselor.
   - **JCCC counselor meets with athlete to:** Interview athlete regarding drug history, facilitate referral of athlete to JCCC Student Assistance Program, explain counselor monitoring of treatment plan, have student sign releases of information for counselor and head athletic trainer to receive copy of initial treatment plan developed through the Student Assistance Program and for head athletic trainer to release information to athletic director and head coach regarding athlete’s completion of treatment plan and/or readiness to return to competition.
   - **Athlete meets with Student Assistance Program counselor for:** Assessment and development of initial treatment plan and referral to treatment programs/providers and self-help groups as needed.
   - **Student Assistance Program counselor contacts JCCC counselor and head athletic trainer to:** Provide information of athlete’s attendance and participation in Student Assistance Program and provide a copy of initial treatment plan developed for athlete
   - **JCCC counselor monitors athlete’s treatment progress & notifies head athletic trainer of any pertinent developments in the athlete’s progress.**
   - **The athlete is ready for return to competition when:** Athlete provides documentation to JCCC counselor and head athletic trainer of completion of treatment plan, or making significant progress that indicates readiness to return to competition, while counselor will continue to monitor progress.
   - **The athlete is not ready for return to competition when:** Athlete has not participated in treatment plan, or athlete has not completed treatment plan.
   - **At least one (1) subsequent drug and alcohol test** shall be conducted at some time following the prescribed counseling regimen.

X. **Suspension Phase**

A. **Game Suspension:** The athlete shall be suspended from playing in the immediately subsequent 10% of the regular-season games scheduled for their sport.

B. **Participation in Practices and Training:** During the athlete’s period of mandatory counseling, he or she may be allowed to continue to practice and condition with his or her team unless the counselor(s) advises against it on medical grounds.

C. **The entirety of the prescribed counseling sessions must be completed prior to the athlete playing in any subsequent games** UNLESS the athlete’s drug and alcohol abuse counselor provides written
permission to resume play. Copies are to be provided to the athletic director, the head athletic
trainer and the JCCC counselor assigned to the athlete’s sport. The athlete’s continued
permission to resume play will be contingent upon continued compliance with the prescribed course of treatment.

- The prescribed course of treatment and any recommendations for ongoing care MUST be
  provided in writing to the athletic director, the head athletic trainer and the JCCC counselor
  assigned to the athlete’s sport.
- Any counseling required after the initial free of charge sessions shall be at the athlete’s
  expense and are required in order to continue playing sports at JCCC

D. Off Seasons: A positive drug and alcohol screen or verified possession or usage citation, or has
self-reported use of illegal substances (including alcohol):
- During the off season of his/her sport, or During a scrimmage season (for example, the Fall
  season for baseball and softball, or the Spring season for volleyball or soccer) then:
- Game suspension shall commence the first available games to be played during the
  REGULAR and TRADITIONAL season for that sport.

E. Playoffs: A positive drug or alcohol screen, verified citation or self- reports use of illegal
substances (including alcohol) immediately prior to or during playoffs:
- The suspension shall consist of the same number of games during the playoffs that the
  athlete would have missed during the regular playing season, beginning with the very next
  available game to be played following the positive test.

XI. Second Positive Drug Test or Illegal Drug-related incident — the athlete shall be
permanently dismissed from participating in athletics at Johnson County Community College, and athletic
related financial aid will be withdrawn. JCCC will continue to offer ongoing support of the athlete in
his/her counseling process if desired by the athlete.

XII. Counseling and Penalty Procedures for Alcohol-related Incidents and Positive
Screens for Alcohol.

Rationale: A) Alcohol is a legal substance in the United States for persons over the age of 21, but it is a misdemeanor for
persons under the age of 21 to purchase, consume or possess alcohol containing beverages. B) In most instances, a
single drink of alcohol yields a low likelihood of intoxication. C) Similarly, a single dose or infrequent usage of alcohol
generally carries a lower likelihood of developing addiction than do single doses of most street drugs of abuse.

A. First alcohol-related incident — the athlete will proceed through the regular counseling phase of
the program prior to participating in any upcoming game.

B. Second alcohol-related incident — the athlete will complete a game suspension equivalent to a
minimum 10% of the number of the athlete’s sport’s regular season games and proceed a second time
through the counseling phase of the program prior to participating in any upcoming game.

XIII. Third alcohol-related incident — the athlete shall be permanently dismissed from participating in
athletics at Johnson County Community College, and athletic related financial aid will be withdrawn. JCCC
will continue to offer ongoing support of the athlete in his/her counseling process if desired by the
athlete.

XII. APPEAL PROCEDURES

A. An athlete who tests positive on a drug and alcohol test, has the right to a re-test by the “split sample”
method.

B. A written request for a re-test or an appeal must be submitted in writing to the Vice President for
Student Success and Engagement, within 48 hours of the athlete’s notification of a positive test.
Appendix I.

Summary of the JCCC Drug and Alcohol Abuse Education, Testing and Counseling Program and Procedures

1. Drug testing Penalties
   A. A first positive drug test will lead to:
      • Game Suspension minimum 10% of the number of regular season games for that athlete’s sport. Starts with the very next game. The athlete may practice but may not play, unless the drug and alcohol counselor recommends otherwise.
      • Possible penalties associated with individual team rules violations in regard to substance abuse.
      • Written permission to return to play must be provided by the athlete’s drug and alcohol abuse counselor before the athlete may resume playing in games.
      • The athlete will be tested again at least once.
   B. A Second positive drug test will lead to:
      • Immediate dismissal of the athlete from the JCC athletic program.
      • Withdrawal of all athletics based financial aid.
   C. A First alcohol-related incident will lead to:
      • Athlete is required to participate in the counseling phase of the program as previously described. See A above.
      • Possible penalties associated with individual team rules violations in regard to substance abuse.
   D. A Second alcohol-related incident will lead to:
      • Suspension equal to a minimum of 10% of regular season games for the athlete’s sport, to commence with the very next game.
      • Athlete is required to proceed a second time through the counseling phase as described in A above.
      • Possible penalties associated with individual team rules violations in regard to substance abuse.
   E. A Third alcohol-related incident will lead to:
      • The athlete shall be permanently dismissed from participating in athletics at Johnson County Community College.

1. Most drug tests will be announced very closely before the date and time of testing.
2. The athlete will be notified by his or her head coach of an upcoming drug and alcohol test, no more than 18 hours in advance of the scheduled testing time.
3. Athlete MUST reply immediately upon receiving the notification of a drug test. Failure to check a text, email or voice mail will not be an excuse for missing a drug or alcohol test.
4. Time conflicts: If athlete will be delayed in arriving at the announced time of the drug test, the athlete MUST notify the head coach or head athletic trainer immediately, and provide a reasonable approximate time of their arrival.
5. Athlete MUST arrive and check in at the drug testing area NO MORE THAN TWENTY (20) MINUTES after the announced starting time.
6. Athlete has the right to bring one (1) witness, 18 years or older, to observe the collection process.
7. The drug test collection procedure will be DIRECTLY OBSERVED by trained drug testing personnel.
8. Safe Harbor: Athlete may admit to use of an illegal substance, or to receiving an MIP or DUI citation. The immediate threat of game suspensions will be waived. HOWEVER this will still be treated as a first positive drug or alcohol test. Self-Reporting AFTER the athlete has been notified that they have been selected for a drug and alcohol test is not allowed!
10. Athlete who tests positive has the right to a “split sample” retest. Athlete may appeal conflicts in split-test results or appeal related action taken by the Vice President for Student Success and Engagement or his/her representative. A written appeal must be delivered within 48 hours of receipt of the test results action being appealed.
11. Coaches have the right to request that an athlete or athletes be tested for “reasonable suspicion.”
Appendix II.

Substances of Concern

Prescription medications
A. Prescription medications should only be used by the person for whom they have been prescribed! Do not share!
B. The misuse or abuse of prescription medications is very dangerous.
C. Certain prescription medicines, particularly the narcotic pain relievers, can be extremely addictive.
D. Many prescription medications, when taken in combination, can produce powerful interactions that pose a serious, even life threatening danger to those who abuse medicines in this way.
E. In cases of the abuse of sedatives or narcotic pain killers, the difference between a maximum safe dose and a deadly overdose is extremely narrow.

Tobacco
A. While nicotine is not included on JCCC drug testing panels at this time, the use of tobacco is viewed as a serious threat to the health and well-being of the athlete.
B. Tobacco is banned by all sports governing bodies.
C. Use of tobacco at sports contests may result in individual or team penalties.
D. This policy, and all other applicable team or sports association rules may be used in regard to discovery of an athlete’s use of tobacco in any form.

The following have been proven about the use of tobacco:
- Tobacco causes more colds, bronchitis, pneumonia, emphysema (severe damage to the air sacks in the lungs) and heart disease than in non-smokers.
- Tobacco causes more absenteeism due to illness than in non-smokers.
- Tobacco use results in immediately reduced aerobic capacity.
- Tobacco use results in immediate negative effects on the circulatory system.
- Tobacco has been directly correlated with the development of most cancers.
- Spit tobacco is directly associated with a significantly increased incidence of cancers of the mouth, gums, tongue, throat and stomach.
- Spit tobacco is just as addictive as smoked tobacco.

Dietary Supplements
A. Dietary Supplements can be Hazardous!
B. The manufacture and distribution of dietary supplements are not currently regulated by the FDA.
C. Several studies by independent laboratories have shown that the contents of off-the-shelf dietary supplements can be inconsistent in terms of potency and actual ingredients contained within a particular bottle of supplement.
D. Many of the claims made for the benefits of dietary supplements are based on incomplete or over-stated data.
E. Some dietary supplements can produce false-positive drug screens.

Before taking any supplements, check with the certified athletic trainers or check The Resource Exchange Center (REC) a The National Center for Drug Free Sport. Athletes wishing to access the REC site should check with a JCCC athletic trainer to obtain the access code.

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Appendix III.

JCCC Athlete Consent Form for Release/Exchange of Information
Drug Testing and Counseling

This document is to be completed at the time of the athlete being notified and interviewed by the Director of Athletics, Head athletic trainer and Head Team Coach.

I (Print Name)__________________________ a member of the JCCC ___________________ team, grant permission by my signature below, for the limited sharing of information as it pertains to my recent positive drug test and the subsequent mandatory counseling process. Information may be shared only between those persons named below. Unless otherwise stipulated, this permission will remain in effect from the date written below, through the last day of my sophomore year at JCCC. Permission will then be immediately revoked unless otherwise stated hereon.

To be shared only between and among the athlete’s JCCC Counselor, the Student Assistance Program Counselor, the JCCC Director of Athletics and the JCCC Head Athletic Trainer. Information may also be shared with the athlete’s HEAD team coach in as far as it pertains to the athlete’s playing status.

This permission pertains only to the athlete’s recent positive athletics drug test and subsequent counseling status.

Modifications to this agreement as made by the signer below
__________________________________________________________________________________________
__________________________________________________________________________________________

________________________________________
Athlete Signature

________________________________________
Date

Director of Athletics, Carl Heinrich: 913-469-2499 heninrich@jccc.edu
Head Athletic Trainer, Bill Buese: 913-469-3401 bbuese@jccc.edu
Athlete’s JCCC Counselor:____________________ Phone________________ Email__________________

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Appendix IV.

Coach’s request for a drug or alcohol test due to Reasonable Suspicion

Coach_____________________  Team _______________  Name of athlete____________________________

Please detail below your personally observed and not otherwise satisfactorily explained changes in the athlete’s habits, appearance, demeanor, and athletic performance that would lead you to suspect that the athlete is abusing illegal drugs of abuse. Please be specific in your descriptions and include dates and times if possible. Please attach additional sheets if required. In a sealed envelope, please turn in your completed documentation to the Head Athletic Trainer.

Coach’s Signature_________________________________ Date____/____/____

Specific criteria for “reasonable suspicion” of drug and alcohol abuse.

The following criteria shall be applied (but not necessarily restricted to) the following observable behavioral changes in the athlete’s habits, appearance, demeanor and/or athletic performance.

- Direct observation of the athlete by a coach, athletic trainer or other school official, of said athlete displaying signs of current intoxication by drugs or alcohol.
- Marked observable and not otherwise satisfactorily explained changes in the athlete’s personal hygiene.
- Sudden documented and not otherwise satisfactorily explained commencement of repeated tardiness or absences from team practices, conditioning, team meetings or games after setting a general pattern of promptness and attentiveness.
- Sudden, consistent and not otherwise satisfactorily explained drop-off of the athlete’s levels of energy and athletic skills performance based upon previously set standards for the individual athlete, as observed and assessed by the coaches.
- Sudden and not otherwise satisfactorily explained decline in school grades, class attendance, or punctuality as observed, reported and/or confirmed by the athlete’s classroom instructor(s).
- Sustained, repeated and not otherwise satisfactorily explained commencement of specifically documented “out of character” behaviors as observed and corroborated by the coaches, team mates, classmates, instructors, parents or others who regularly know and observe the athlete.
- Repeated observations of significant changes in the known regular social associates and/or habits of the athlete.
- In which case a team mate of the athlete or another non-coach wishes to bring possible suspected drug abuse to the attention of the head coach or head athletic trainer, the person or persons must be willing to write out the reasons for their suspicion based upon the above outlined criteria, and sign and date the document.

Copies to 1) Coach  2) Head AT  3) Director of Athletics

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Appendix V.

Coach’s request for an anabolic steroid test due to Reasonable Suspicion.

Coach_____________________ Team _______________ Name of athlete____________________________

Please detail below your personally observed and not otherwise satisfactorily explained changes in the athlete’s habits, appearance, demeanor, and athletic performance that would lead you to suspect that the athlete is abusing anabolic steroids. Please be specific in your descriptions and include dates and times if possible. Please attach additional sheets if required. In a sealed envelope, please turn in your completed documentation to the Head Athletic Trainer.

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Coach’s Signature_________________________________ Date____/____/____

Specific criteria for “reasonable suspicion” of the abuse of anabolic steroids:
The following criteria shall be applied (but not necessarily restricted to) the following observable behavioral and physiologic changes in the athlete’s habits, appearance, demeanor and/or athletic performance.

- Sudden and not otherwise reasonably explained gain of body mass and strength over and beyond that which might generally be considered within recognized norms for gains expected through the athlete’s adherence to a well-planned resistance and dietary training program, while at the same time considering the athlete’s age, sex, body type, and previous training history.

- Additional signs of probable anabolic steroid abuse include one or several of the following, especially in conjunction with the above:
  1. male pattern baldness
  2. male hirsuteness in females
  3. acne
  4. voice deepening
  5. mood swings
  6. aggressive behavior
  7. gynecomastia (female-like breasts in a male).
  8. reduction in the size of a testicle
  9. changes in libido

In which case a coach requests reasonable suspicion testing on an athlete, the coach must sign and date a request form. The coach will be required to list in detail his/her observed reasons for suspicion of drug abuse in the case of this specific athlete. When possible, dates and times should also be documented. The coach will then turn in to the head athletic trainer the completed request form.

The final decision to test on suspicion shall be at the complete discretion of the head athletic trainer (and his/her expert consultants if desired) based upon the coach’s detailed written request, the head athletic trainer’s professional judgment, and any additional information the head athletic trainer might gather as part of his/her consultations and investigation.

Copies to 1) Coach 2) Head AT 3) Director of Athletics

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Appendix VI.

Counseling Process Flow Chart

JCCC Drug and Alcohol Abuse Testing, Prevention and Counseling Program

Athlete is identified as needing counseling:
- Has positive drug screen, or
- Self-refers

Athletic director and head athletic trainer:
- Explain the counseling process to athlete
- Arrange for athlete to meet with JCCC counselor

JCCC counselor meets with athlete to:
- Interview athlete regarding drug history
- Facilitate referral of athlete to JCCC Student Assistance Program
- Explain counselor monitoring of treatment plan
- Have student sign releases of information for:
  - Counselor and head athletic trainer to receive copy of initial treatment plan developed through the Student Assistance Program
  - Head athletic trainer to release information to athletic director and head coach regarding athlete’s completion of treatment plan and/or readiness to return to competition

Athlete meets with Student Assistance Program counselor for:
- Assessment and development of initial treatment plan
- Referral to treatment programs/providers and self-help groups as needed

Student Assistance Program counselor contacts JCCC counselor and head athletic trainer to:
- Provide information of athlete’s attendance and participation in Student Assistance Program
- Provide a copy of initial treatment plan developed for athlete

JCCC counselor monitors athlete’s treatment progress & notifies head athletic trainer of any pertinent developments in the athlete’s progress:
- The athlete is ready for return to competition when athlete provides documentation to JCCC counselor and head athletic trainer of:
  - Completion of treatment plan, or
  - Making significant progress that indicates readiness to return to competition, and counselor will continue to monitor progress.
- That the athlete is not ready for return to competition because:
  - Athlete has not participated in treatment plan, or
  - Athlete has not completed treatment plan.
Appendix VII.

Athlete’s Self Reporting Statement

Use of Alcohol while under Age
Use of Illegal substances other than Alcohol
Receiving a Police Citation for the Possession of Illegal Substances or Alcohol while Under Age

I, (Print Name)________________________________________ a member of the JCCC _______________ team, certify by my signature below, that I am self-reporting my own use of illegal substances, or of my receiving a police citation for under-age possession of alcohol. I am signing this document freely by my own decision as an adult over 18 years of age.

Illegal substance consumed__________________________________________________________

If a police citation was received:

Day and Date__________________________Approximate hour citation was received________

Municipality in which the citation was received (IF KNOWN) _________________________

Substance in my possession for which I was cited_____________________________________

Any other activity for which I was cited along with the MIP (Optional) _______________________

I am still in possession of the original citation document. Yes___ No___

If no, what was done with the document? ________________________________________________

I certify that the above information is true and accurate to the best of my knowledge and recollection

__________________________________________  __________________________
Athlete Signature                    Date

4/13
Appendix VIII.

**Drug Testing Acknowledgement of Notification and Arrival Log**

I PRINT your name________________________________________ acknowledge notification of today’s drug test at:

Approximate Time_______     By Coach ___________________________

I have arrived at the testing site within 20 minutes of the announced start time of _________ at:

Time right now ____________  Your initials________

If I had a time conflict due to Class / Work / Other, I notified Coach_______________________ and informed him/her that I would arrive at the announced testing site at: Approximate Time_____________________. Your initials______

Today’s date__________

__________________________________________________________________________________________________

**Drug Testing Acknowledgement of Notification and Arrival Log**

I PRINT your name________________________________________ acknowledge notification of today’s drug test at:

Approximate Time_______     By Coach ___________________________

I have arrived at the testing site within 20 minutes of the announced start time of _________ at:

Time right now ____________  Your initials________

If I had a time conflict due to Class / Work / Other, I notified Coach_______________________ and informed him/her that I would arrive at the announced testing site at: Approximate Time_____________________. Your initials______

Today’s date__________

__________________________________________________________________________________________________

**Drug Testing Acknowledgement of Notification and Arrival Log**

I PRINT your name________________________________________ acknowledge notification of today’s drug test at:

Approximate Time_______     By Coach ___________________________

I have arrived at the testing site within 20 minutes of the announced start time of _________ at:

Time right now ____________  Your initials________

If I had a time conflict due to Class / Work / Other, I notified Coach_______________________ and informed him/her that I would arrive at the announced testing site at: Approximate Time_____________________. Your initials______

Today’s date__________

__________________________________________________________________________________________________

**Office use only**

**Test Site Administrator Notes:**