Practical Living

Current Events – What’s going on in the world? Let’s talk about the news: local, regional and around the world.
Instructor: K. Dionne ................................................................. $5

Introduction to Working in Retail – Are you interested in working in a store? Maybe you already do! Learn or brush up on necessary skills to work in retail such as communicating effectively, using a cash register and stocking product using a mock store. Expansion for Saturday.*
Instructor: J. Copenhaver ......................................................... $5

Light and Easy Cooking – Do your own cooking the light and healthy way. Prepare and sample delicious and healthy recipes. This class lasts 2-1/2 hours.
Instructor: S. Depperschmidt ................................................... $10

Math Skills for Everyday Life – Would you like to improve your math skills? This class will teach computation and other useful math skills such as money, time, fractions and how to find the best bargains.
Instructor: J. Wynne ................................................................. $5

Physical Conditioning

Dance – Dancing is great exercise and great fun! Learn dances from around the world.
Instructor: K. Dionne ................................................................. $5

Sit and Be Fit – Sit and get fit? Yes you can! These exercises are for individuals who cannot stand for long periods due to balance or stamina issues.
Instructor: J. Bogdan ................................................................. $5

Walking for Health – Walking is the perfect exercise. Come and learn the health benefits of walking and see how many steps you can take. Pedometers will be furnished in class.
Instructor: K. Dionne ................................................................. $5

Zumba – Music, dance and aerobic exercise with a Latin flair – it is great exercise and so much fun!
Instructor: J. Bogdan ................................................................. $5

The Arts

Behind the Scenes – Design programs and posters and paint scenery for the magic show and drama productions.
Instructor: D. Bergmann .......................................................... $5

Crafting with Pinterest – Using ideas from the website Pinterest, create your own craft projects and décor.
Instructor: M. Pearson ............................................................... $5

Drama – Be a part of the CLEAR drama production. Session I only.
Performance on Saturday, March 10, at 1:30 p.m. in GEB 233.
Instructor: K. Dionne ................................................................. $5

Famous Artists – Learn about the life and work of different artists each week and create your own art project to go along with your learning.
Instructor: G. Malashock ........................................................... $5

Magic Show – Learn how magicians do their tricks! Create illusions and perform in a spectacular magic show for your classmates, friends and family. Session II only. Performance on Saturday, May 5 at 1:30 p.m. in GEB 233.
Instructor: K. Dionne ................................................................. $5

Music and Disney – Enjoy listening, playing and singing along to favorite songs from Disney.
Instructor: G. Berry ................................................................. $5

Music of Motown – Do you enjoy listening to the music of Stevie Wonder, The Jackson 5 and the Supremes? Come and learn about the history of this music and enjoy in-class listening.
Instructor: E. Bennett ............................................................... $5

Music of the ’50s and ’60s – Enjoy listening, playing and singing along to popular music of the ’50s and ’60s.
Instructor: G. Berry ................................................................. $5

Rock Band – Enjoy listening, playing and singing along to music that rocks. Learn about rock ‘n roll groups of the past and present.
Instructor: G. Berry ................................................................. $5

Seasonal Arts and Crafts – Create different seasonal art projects with a variety of materials.
Instructor: G. Malashock .......................................................... $5

* Expansion for Saturday: If you have attended our weekday Expansion program, consider these classes. The topics are covered in more detail and reading may be required.