“Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family.”

– Kofi Annan

HEALTH AND HUMAN SERVICES
Johnson County Community College

jccc.edu/hhs
ceu certificate courses • career training • online/home study courses
Welcome Our New Health and Human Services Program Director – Dr. Kelli Kramer-Jackman

Kelli Kramer-Jackman, Program Director of Health & Human Services at JCCC Continuing Education, started working in her new position August 7. Kelli previously served as a clinical assistant professor at the University of Kansas School of Nursing for nine years, where she developed and taught several online and classroom courses, led research teams and mentored students.

Previously, Kelli was an intensive care nurse, and a family nurse practitioner in the Kansas City area. Recently, she was the recipient of the University of Kansas School of Nursing Phyllis Keeney Lawrence Teaching Award (2015), was a Kansas Reynolds Program on Aging interprofessional faculty scholar (2014), and an American Medical Informatics Association student challenge winner (2013). Kelli has a bachelor of science degree in nursing from Graceland University, and both a master’s of science and doctorate degrees in nursing from the University of Kansas, as well as Health Informatics and Health Educator Post-Masters Certificates from the Kansas.

Please help us in welcoming Kelli Kramer-Jackman!

Professional Health Education Network

The Network is a group of healthcare entities working in partnership with Health and Human Services to achieve affordable, quality continuing education for employee professional growth and development and relicensure. Joining the Network allows your employees to take advantage of a variety of dynamic learning opportunities and modalities at a discounted price. For information, call 913-469-3140.

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Karen Martley
Johnson County Community College
John McNally, RN
Johnson County Community College
Amy Nichols, DPT
Olathe Medical Center
Debbie Rulo, MS
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Johnson County Health Department
Terie Zimmerman, BSN, JD, CPHRM, DFASHRM
Judy Zinn, ACSW
Plaza Performance Group

Receive a 15% discount when you register in three or more courses in a single transaction.
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Save time! Register online: [www.jccc.edu/hhs](http://www.jccc.edu/hhs)
Instructor Biographies

Allan Gonsher, LCSW, RPT-S, is the founder of Kids, Inc., a counseling agency with clinics in Omaha and Kansas City. He is an adjunct professor at the Hebrew University School of Social Work, the University of Nebraska School of Social Work, Drake University, Creighton University and MidAmerica Nazarene University.

Class on page 13

Arlin Bohn, LSCSW, has been licensed in the state of Kansas as a clinical social worker since 1998. He has worked in mental health and with the aging population since 1994. Arlin is also a certified operator in the state of Kansas and has 18 years of experience with residents who have dementia in assisted living settings.

Class on page 16

Amy Nichols, DPT, is an outpatient physical therapist at Olathe Medical Center and specializes in neurological conditions. She holds a bachelor's degree in biology from Pittsburg State University (2004) and a doctorate of physical therapy from the University of Kansas (2007). She has taught courses across Kansas on MS, stroke, TBI and exercise. Amy serves on the KPTA research committee and has presented findings from her own research on MS and exercise.

Classes on pages 8 and 16

Bob Parker, JCCC Emergency Medical Science Professor, has taught paramedics and EMTs for 16 years. He also is an AHA BLS, ACLS and PALS instructor.

Classes on pages 12 and 13

Candace Webb-Cohen, LSW, MBA, LAC, LACHA, received a master's degree in social work from Washburn University and a master's degree in business administration from Baker College in Flint, Michigan. She has been a social service director and administrator in skilled nursing and assisted living facilities.

Classes on pages 7, 14, 20 and 21

Chantel Braasch, DC, earned a doctorate of chiropractic from Northwestern Health Services and is in private practice in Lenexa. She serves as faculty at Cleveland Chiropractic College. She has a passion for interdisciplinary collaboration to achieve better outcomes in patients.

Class on page 15

Harold Ivan Smith, EdS, DMin, FT, is a writer, teacher, storyteller and counselor. Harold Ivan has keynoted a number of national conferences and frequently presents at workshops on loss. Harold Ivan is on the teaching faculties of Saint Luke’s Hospital, Kansas City, where he facilitates grief support groups.

Class on page 8

James Backes, PharmD, earned a doctorate of pharmacy from Creighton University in Omaha, Nebraska. Before joining the University of Kansas, he practiced as an ambulatory care pharmacist in the Family Medicine Clinic at the University of Nebraska Medical Center. He is a professor in the Pharmacy Practice and Internal Medicine departments and serves as the assistant director of the Atherosclerosis and LDL-Apheresis Center (ALAC) at the University of Kansas Medical Center.

Class on page 19

James LeCluyse, LSCW/LCSW, is currently a clinical counselor working in private practice. Previously he worked with clients struggling with substance abuse and mental health issues for 12 years. He has been offering counselor/clinician training classes since 2010.

Classes on pages 20 and 21

Janalea Hoffman, a music therapist and entrepreneur, is the president of Rhythmic Medicine, a training and consulting firm that offers seminars on music, imagery and creativity throughout the United States.

Classes on pages 20 and 21

Jeff David, CPCU, LUTCF, has been an insurance professional since 1987 and has operated his own agency since 1993. As a broker Jeff is an authorized agent for AARP, Blue Cross Blue Shield of Kansas City, Golden Rule, Humana, Aetna, Coventry, United Healthcare. Throughout the area, Jeff shares his knowledge of insurance by offering Community Education Classes throughout the area including UMKC, Johnson County Community College and eight school districts on the Affordable Care Act and Medicare insurance.

Class on page 10

Joan McMahon, MSA, BSN, CRN, is currently the Spinal Cord Program Coordinator for the University of Kansas Medical Center. She provides education to staff, patients and their families related to spinal cord injuries. She also coordinates a spinal cord support group and a comprehensive clinic. She is involved in research studies related to the spinal and CNS.

Class on page 14

John C. Wade, PhD, is an associate professor of psychology and program director of the clinical psychology program at Emporia State University. He is co-author of Strength-Based Supervision: Applying Positive Psychology to Clinical Training and Supervision, and is co-editing Positive Psychology on the College Campus.

Classes on pages 6, 12, 16 and 19

Judy Zinn, ACSW, is founder of the Plaza Performance Group, a training and consulting firm in Overland Park. In addition to teaching workshops and seminars throughout the nation, she is a frequent presenter at JCCC. She is the author of several self-paced continuing education courses. Judy brings humor and creativity along with solid information to all of her training sessions.

Classes on pages 15 and 19

Jyoti (Jo) Valluri, RN, BSN, has worked in gerontology nursing and is currently teaching in JCCC’s Health Occupation program. She is pursuing a master’s degree in adult education to teach foreign and struggling adult students. Jo has also been a volunteer community health liaison for Heart to Heart International.

Class on page 8

Katie Vena, LPC, Certified School Counselor and Registered Play Therapist, has been in the counseling field for more than 10 years and has worked in a variety of settings including residential substance abuse, home-based therapy, applied behavior analysis with autism, military family counseling and school services. Katie holds a duel master’s degree in professional and school counseling from Lindenwood University.

Classes on pages 11, 17

Lori Murdock is a pharmacist who graduated from the University of Kansas in 1988. She owns two retail pharmacies, Cedar Creek Pharmacy in De Soto and Prairie Star Pharmacy in Lenexa. Lori has spent many hours studying natural medicine, completing a course of study and receiving a doctoral degree of naturopathy from Westbrook University in 2009. Lori works both as a pharmacist and as a natural healthcare consultant.

Class on page 14

Mary Jean Billingsley, Founder and President of Lasting Impressions LLC, is widely known for training and inspiring others to present themselves with confidence, professionalism and authority in a variety of settings. Mary Jean has worked in career management in corporate and educational settings. Her clients and partners have included professionals associated with major law firms, Fortune 500 and multi-national businesses, associations and U.S. and European universities and colleges.

Classes on pages 10 and 12
Michelle Niedens, MSW, is the director of education for the Alzheimer’s Association, Heart of America Chapter. She leads, develops and manages educational program efforts for 66 county territories. She also teaches social practice at the University of Kansas School of Social Welfare, focusing on working with groups and community organizations. Her passion is for advocacy for those affected by this illness.

**Class on page 19**

Novella Perrin, PhD, is retired professor of sociology, assistant provost for research and dean of the graduate school at Central Missouri State University in Warrensburg, Missouri. She is the past president of the Missouri Board of Nursing Home Administrators. She is a popular workshop presenter and the author of numerous professional articles and books covering a wide range of topics. Funky, articulate and passionate about issues relating to aging, she brings wit and wisdom to her presentations.

**Classes on pages 11 and 14**

Pam Johnson, Pediatrician (retired), was diagnosed with a degenerative neuromuscular disease in 2000. Her struggles led to dietary changes that brought her out of a wheelchair and gave her back her life. She teaches from her medical background and personal passion for health and wellness.

**Classes on page 7 and 15**

Rebecca Vandergaff, has worked on brain injury rehabilitation for more than 18 years. She published *What Day Is It? A Family’s Journey through Traumatic Brain Injury*, in 2008. She has presented to the North American Brain Injury Society and many other organizations across the country advocating for those with TBI.

**Class on page 6**

Richelle Marting, JD, MHSA, RHIA, CPC, CEMC, CPMA, is a healthcare attorney with Forbes Law Group in Overland Park who focuses her practice on regulatory compliance, health information technology, electronic medical records, and healthcare reimbursement matters. She assists healthcare providers in implementing medical records, meaningful use and other incentive programs, coding and documentation, and appeals of adverse claims decisions.

**Class on page 22**

Saeed Jalipoor has more than 30 years’ experience in healthcare leadership in hospitals, including neonatal intensive care, trauma and neonate transport programs. Saeed has served as Director of Respiratory, Neurology Departments and Sleep Disorder Center at Overland Park Regional Medical Center.

**Classes on pages 6 and 18**

Sally King, LCSW in Missouri and Kansas, has worked since 2001 in the field of community and emergency mental health with adults. Sally has provided outreach, education and project management on behalf of the KU Alzheimer's Disease Center and Landon Center on Aging, and specializes in older adult mental health and end-of-life social work. She maintains a small private practice, providing in-home adult and senior mental health therapy, and is a Medicare provider.

**Classes on pages 7, 11, 13 and 17**

Sandra Lane, PhD, DC, received her doctorate of chiropractic from Palmer College, a doctoral degree in health education with a concentration in sports medicine at Columbia Pacific University in California and is certified by the National Athletic Trainer’s Association in Texas and the Sports Massage Training Institute in California. Sandra has been the co-owner of New England Chiropractic in Kansas City for the past 12 years.

**Classes on pages 14 and 17**

Sharon Lowenstein Poisner, JD, PhD, is a mediator, mentor and motivator who provides easy and practical suggestions guaranteed to stimulate new thinking and encourage new habits. She provides insight and up-to-date research on pertinent topics on aging with humor and wisdom.

**Classes on pages 9 and 17**

Stewart Waldman, LCSW, LCSW, LCAC, is in private practice at Clinical Associates, P.A., where he leads individual, group, couples and family therapy with adults, teens and children. Stuart is also an adjunct instructor for the Master of Social Work Program at the University of Kansas.

**Classes on pages 9 and 16**

Terry L. Rehder, PharmD, is retired senior director of clinical research/clinical operations at Quintiles, Inc. He served as an associate professor at the University of Nebraska and Howard University. He has worked extensively in various phases of drug development in rheumatology, gerontology and cardiology.

**Classes on pages 11, 13, 18 and 20**

Therese McKechnie, LSCSW, is currently in private practice, specializing in grief and loss, addictions and co-dependency, family life stresses and transitions, caregiving for relatives and personal growth. She is a frequent workshop presenter. Therese teaches Grief and Loss in the School of Social Welfare at the University of Kansas.

**Classes on pages 16 and 20**

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**CONTINUING EDUCATION CREDIT**

**Approved Providerships**

- **Kansas State Board of Nursing**
  Health and Human Services at JCCC is approved as a provider of continuing education by the Kansas State Board of Nursing. These course offerings are approved for the designated contact hours applicable for RN, LPN or LMHT relicensure. Kansas State Board of Nursing approved provider number LTO027-0549.

- **National Certification Board for Therapeutic Massage and Bodywork**
  Health and Human Services is recognized by the National Certification Board for Therapeutic Massage and Bodywork to offer continuing education for Certified Massage Therapists. We adhere to the NCBTMB Continuing Education Guidelines. Number: 450580-08.

- **Kansas Respiratory Care Society**
  Health and Human Services has been approved to provide CE on behalf of the Kansas Respiratory Care Society, a chapter society of the AARC. Provider Number KRCS 037. Check the workshop descriptions for complete details on continuing education credits.

- **Kansas Adult Care Home Administrators**
  The Center for Professional Education is recognized by the Kansas Department for Aging and Disability Services (KDADS) as a provider of continuing education for Kansas licensed adult care home administrators. Offerings with content relevant to ACHA practice are approved for the indicated number and type of continuing education clock hours for Kansas licensed ACHAs by the KDADS. Long-Term Sponsorship Number: LTS-A0004.

- **Kansas Behavioral Sciences Regulatory Board**
  Health and Human Services is approved as a provider of social work continuing education by the Kansas Behavioral Sciences Regulatory Board. License number 02-005.

**EducationToGo Online Courses**

These courses are offered online through EducationToGo. ALLEGRA Learning Solutions, LLC is accredited as a provider of continuing education in nursing by the American Nurses Credentialing Center’s Commission on Accreditation. Your certificate will be issued by ALLEGRA Learning Solutions, LLC. Course descriptions can be found at www.ed2go.com/jccc.
Health and Human Services Seminars

Basic Life Support (CPR) for Healthcare Provider

Develop a basic understanding of the cardiovascular and respiratory systems, discuss medical and environmental emergencies as they might relate to CPR, as well as gain insight into the structure and function of the emergency medical services system. You will demonstrate the most current practical CPR skills including CPR and airway obstruction techniques on adults, children and infants. Additionally the automated external defibrillator (AED) will be introduced to the student.

Upon successful completion of all American Heart Association standards, the student will receive certification at the Basic Rescuer level (Healthcare Provider).

No healthcare CE awarded for this course.

Learning Objectives:
- List and describe the signs/symptoms of an AMI (heart attack)
- Describe the major parts/functions of the cardiovascular and respiratory systems
- Given an adult, child and infant mannequin, perform pulmonary resuscitation and procedures for removing an airway obstruction
- Given an adult, child and infant mannequin, perform one-rescuer CPR
- Given an adult, child and infant mannequin, perform two-rescuer CPR
- Demonstrate the proper use of barrier devices
- Describe the use and function of automated external defibrillators

8 contact hours/$65

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Breaking Bad: The Hidden Benefits of Your ‘Dark Side’

It is often assumed that happiness and well-being entail avoiding unpleasant emotions or experiences, and simply “focusing on the positive.” Although positive emotions feel good and have many benefits such as increased productivity and learning, we also need the more uncomfortable emotions as well (and they are simply unavoidable). This course will explore the hidden benefits of our “negative” emotions (especially anxiety and depression), and most importantly, will provide suggestions for how clients can increase their emotional and mental agility to be able to effectively respond to the full range of the human experience.

RNs, LPNs, social workers, psychologists, LPCs, LCPCs and registered dietitians will earn 6 contact hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Review DSM-5 criteria for anxiety and depressive disorders
- Distinguish between positive thinking and the science of positive psychology
- Recognize the downside and potential risks of positive emotions
- Understand the hidden potential of uncomfortable emotions
- Develop mental and behavioral agility
- Learn practical resilience and buffering strategies

6 contact hours/$96

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<td>Regnier Center 181</td>
<td>John Wade</td>
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Traumatic Brain Injury: Even If a Person Looks Fine, Are You Asking the Right Questions?

Did you know that Traumatic Brain Injury (TBI) is a leading cause of death and disability in children and adults from ages 1 to 44? Effects of TBI can include impaired thinking, memory, movement, sensation (e.g., vision or hearing), or emotional functioning (e.g., personality changes, depression). These issues not only affect individuals but can have lasting effects on families and communities. This workshop will enlighten you to recognize the signs and symptoms of TBI, potential effects, prevention and rehabilitation for someone with a TBI. Discussion of services provided for them and their families will also be reviewed, including brain injury waivers and private insurance.

RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Review common structures of the brain and their functions
- Discuss the various types of brain injuries and possible consequences
- Identify three levels of coma secondary to brain injury
- Become familiar with the signs and symptoms of TBI
- State three services available to those with TBI
- Discuss ways to assist those with TBI to return to a meaningful lifestyle

3 contact hours/$48

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<td>Tu</td>
<td>Jan. 23</td>
<td>8:30-11:30 a.m.</td>
<td>Regnier Center 181</td>
<td>Rebecca Vandergriff</td>
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Lung Trauma and Acute Lung Contusion in the Injured Patient

Injuries to the lung parenchyma are contusions (bruising) of the lung caused by chest trauma and occur following both blunt and penetrating trauma. Excess fluid and blood accumulate in the lungs with resulting morbidity and mortality secondary to interference with gas exchange. This course will familiarize you with types of injuries and their causes and will improve your diagnostic skills for diagnosis and treatment of these injuries. Come learn about chest tubes, pulmonary repair and thoracotomies.

RNs, LPNs, respiratory therapists, LPCs, LCPCs and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Review lung injury and chest trauma
- Explain the causes, signs and symptoms of lung contusion, including the significance of Arterial Blood Gases, the role of PEEP and mechanical ventilation options
- Explore the different treatment options used for lung contusion and its complications
- Learn about multidisciplinary care, which delivers a team approach and customized treatment plans

3 contact hours/$48

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<td>Regnier Center 181</td>
<td>Saeed Jalilpoor</td>
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Diagnosing Depression in Seniors with the New DSM 5 – What You Should Know

Depression is a worldwide epidemic – now cited as the No. 1 cause of disability according to the World Health Organization. Unfortunately, many professionals believe depression is a normal part of aging and thus late-life depression is often missed and under-treated. Unfortunately, depressed seniors complain of pain more, fall more, have worsening outcomes in diabetes and heart disease, and go into nursing homes earlier – not to mention commit suicide more than any other age group. Come hear the good news on what works with seniors and their caregivers in getting them the mental healthcare they deserve. This will be a practical yet fascinating training on the non-negotiable skills professionals need to know when interfacing with seniors who might be depressed. Attendees will be trained in empirically sound assessments, referral protocol, and treatment strategies as well as a review of the latest research on the aging brain and resiliency in seniors.

RNs, LPNs, LMHTs, LPCs, LCPCs and social workers will earn 3 contact hours.

This course meets KSBSRB for diagnosis and treatment.

Learning Objectives:
• Gain a better understanding of depression causes, stats, and how it impacts older adults in aging
• Explore screening tools and referral strategies for populations at risk
• Preview diagnostic criteria in the DSM 5 for depression and similar diagnoses
• Explore treatment and coping skills for these populations

3 contact hours/$48
Network member fee: $16
HCSEM-064-1 F Jan. 26
Regnier Center 181 Sally King

Administrator in Training (AIT)

This course consists of two classroom courses and 480 practicum hours. The practicum consists of time spent in a nursing facility learning all facets of the administrator’s role and working with all departments of the facility. Upon successful completion of the program you will be eligible to apply for the Kansas Adult Care Home Administrator license and take the open-book test over the Kansas Nursing Facility Regulations, the Kansas Assisted Living/Residential Care Facility Regulations and the 150-question test developed by the National Association of Long Term Care Administrator Boards (NAB).

A bachelor’s degree is required. With this course the program coordinator will assist with practicum placement.

No refunds after course has started.
Not eligible for the Take 3 Discount.

Learning Objectives:
• Gain knowledge of the long-term care system/network through hands-on experience
• Understand the role of facility staff
• Identify key strategies for the challenges of nursing home administration
• List administrator duties and responsibilities

494 contact hours/$1,140
HCAGE-100-2 Sa Jan. 27-May 26 9 a.m.-5 p.m.
Regnier Center 144 Candace Webb-Cohen

Heal Your Gut, Change Your Life

A new era of medicine is emerging with the understanding that gut microbiota plays a significant role in the body’s overall health and immune system. Though in its infancy, many important revelations have come to light on how gut microbiota may be affecting disease at the cellular level in ways we did not realize a few short years ago. Come learn from a retired physician what research is discovering about our standard American diet and how it is making us sick. You will be surprised by what her research and personal journey will teach you.

APRNs, RNs, LPNs, social workers and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours.
Retention of CNAs: Building Community Through Understanding Differences

In 2015, CNA turnover exceeded all other positions at 23.8 percent. Retention and recruitment of CNAs is a challenge faced by every administrator in today’s nursing facilities. This course will offer steps to recruit CNAs and improve retention by creating a sense of community. We will explore the latest research that will enhance this sense of community, like effective communication, conflict resolution, cultural competency and harnessing the power of a multigenerational workforce. Why not be the beloved nurse manager that has a long waiting list of people wanting to work at your facility?

RNs, LPNs and ACHAs (A) will earn 4 contact hours.

What Makes You Think Children Are So Resilient?

“Oh, children are soooo resilient.” While some professionals and parents find that myth comforting, many children are grieving in toxic emotional environments without guidance or support. If unacknowledged or discounted, over time grief is driven underground or compartmentalized. Given the diversity in American society, teachers and mental healthcare specialists face particular challenges in offering “thorough kind” care to vulnerable children and to coach resilience. While we cannot shield children from grief, we can accompany them as they navigate and negotiate loss, particularly death, divorce and social and cultural instability.

RNs, LPNs, social workers, LPCs, LCPCs and psychologists will earn 3 contact hours.

Rehabilitation Complications and Barriers Following Stroke

Unfortunately setbacks can occur when a patient is recovering from a stroke leading to readmissions and further debilitation. Luckily, research and data has shown that some of these barriers can be prevented or held to a minimum with the proper intervention from the healthcare team. By attending this workshop you will learn about early mobilization following stroke and what to look for when caring for stroke survivors from the acute stages all the way to home care.

ARNPs, RNs, LPNs, LMHTs, social workers, LPCs, LPCPs and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Starting with the Mind … Clients Can Help Themselves

Two-part series focuses on happiness

Find out how psychologically flexible – and happy – you are in dual workshops Act I and Act II of How to Build a Rich, Full and Meaningful Life.

Get and in-depth introduction to Acceptance and Commitment Therapy (ACT) and discover how human unhappiness triggers painful thoughts and emotions.

Learn three key habits that can change the lives of your clients:
• Be present
• Open up
• Do what matters

Encourage your clients to spread joy – it’s good medicine.

8:30 a.m.-3:30 p.m.  
Fridays, May 4 and 11

See pages 20 and 21 for course information. Questions? Call 913-469-3811
The Brain, Aging and Memory
Taught by a woman who is a poster child for aging well, this practical course will summarize the current research regarding the differences in various types of memory, the relationship between aging and various forms of memory, what we can learn from “super-agers,” and the advances in addressing Alzheimer’s. You will acquire the most up-to-date information as to what you can do to help protect your brain/body and help your patients/clients do the same.

RNs, LPNs, social workers, counselors, registered dietitians and respiratory therapists will earn 3 contact hours. ACHAs will earn 3 (RC) hours.

Learning Objectives:
• Learn to distinguish potential effects of aging on various forms of memory
• Identify factors thought to be most influential in cognitive aging
• Become familiar with practices thought to promote improved cognitive functioning

3 contact hours/$48 Network member fee: $16
HCSEM-029-1  W  Feb. 7  8:30-11:30 a.m.
Regnier Center 181  Sharon Poisner

Anxiety: What Is It and Why Do So Many People Seem to Have It?
People who may have previously described stress, worry and nervousness, now label these symptoms as anxiety and it is pervasive in today’s society. Many treat anxiety with medication to cope with common life events such as, taking standardized tests, dealing with workplace demands and attending family events. Come review causes of anxiety and the reasons for its increased treatment with medication. The diagnosis of anxiety will be discussed, as well as ways to assess this disorder. Attention will be focused on evidence-based methods used to treat anxiety.

This course meets BSRB criteria for diagnosis and treatment.

RNs, LPNs, social workers, LPCs and LCPCs will earn 6 contact hours.

Learning Objectives:
• Describe the main anxiety disorders in the DSM-5 and their symptoms
• Identify methods that can be used in evaluating people with anxiety, including using self-report inventories and clinical interviews to develop a comprehensive assessment and treatment plan
• Discuss key components of anxiety treatment, including medication and evidenced-based counseling approaches

6 contact hours/$96 Network member fee: $32
HCSEM-028-1  Th  Feb. 8  8:30 a.m.-3:30 p.m.
Regnier Center 181  Stuart Waldman

Clash vs. Collaboration
In today’s fast-paced healthcare environment, office tiffs can slow productivity or at times bring it to an abrupt halt. Take action before adverse side effects cause fallout among your employees.

In Resolving Workplace Conflict for Healthcare Professionals learn how to recognize the signs of escalating disputes and save your team before it implodes.

8:30 a.m.-12:30 p.m.
Friday, February 9

See page 10 for course information.
Questions? Call 913-469-3811
Helping Clients Understand Their Medicare Benefits

A recent study indicated that more than 90 percent of Medicare beneficiaries do not understand the system, its benefits and the coverage it provides them. As healthcare professionals, we often interface with senior clients who are ill, need care and treatment, but are often reluctant to accept care until they first know what it will cost them in dollars and cents. In this interactive course, we will bring clarity to a complex system and clearly define all parts of coverages, as well as eligibility, costs, system structure (deductibles, copays, etc.), and various coverage options available beyond original Medicare that will help you, the healthcare provider, assist your clients to navigate their healthcare needs and costs so they can better access what they need and deserve.

RNs, LPNs, social workers, LPCs, LCPCs, psychologists, registered dietitians and respiratory therapists will earn 3 contact hours. ACHAs will earn 3 (A) hours. Approval is pending for PTs and OTs.

Learning Objectives:
• Clearly define Medicare Parts A, B, C and D – what they cover and what they don’t
• Identify various enrollment periods and eligibility
• Learn Medicare costs - both monthly and those incurred as one accesses benefits

3 contact hours/$48  Network member fee: $16

Resolving Workplace Conflict for Healthcare Professionals

Today’s healthcare business environments challenge us to increase productivity, improve quality and reduce costs. An unfortunate but natural byproduct of these challenges is conflict. Conflict can lead to discoveries such as new ideas and innovative breakthroughs. It can also, if allowed to, escalate, which results in damage to critical working relationships. This course teaches you, the leader, how to recognize the signs of escalating conflict and take appropriate action to minimize damage. You will be introduced to two resolution tactics: coach and mediate; and practice using the interaction essentials as you coach then mediate to resolve a conflict.

RNs, LPNs, LMHTs, social workers, LPCs, LCPCs and registered dietitians will earn 4 contact hours. ACHAs will earn 4 (A) hours.

Course fee includes textbook.

Learning Objectives:
• Identify three strategies to reduce the damaging effects of workplace conflict on individuals, groups and the organization
• State four ways to effectively address workplace conflict and enhance productivity, efficiency and morale
• Identify three actions to help others take responsibility for resolving their own conflicts
• State four ways to promote a culture of trust and mutual respect within the work group

4 contact hours/$110  Network member fee: $37

What’s Gonna Work? Teamwork!

What makes teamwork so challenging? Can’t seem to get everyone on the same page? Get tips from healthcare gurus on how to elevate your team to star status within your organization in What Makes Teams Work: The Unique Challenges of Medical Treatment Teams.

8:30 a.m.-3:30 p.m. | Friday, April 27

See page 19 for course information.

Questions? Call 913-469-3811
Elder Abuse: Recognition and Intervention

As the number of elderly in our society increases, so does the number of elderly subjected to abuse by their families and caregivers. In this important workshop you will examine various types of abuse and the characteristics of abuse victims and perpetrators as well as the causes of abuse. You will explore strategies for prevention and protection and discuss the healthcare professional's legal responsibilities to elders when abuse is suspected.

RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for OTs and PTs.

Learning Objectives:
- Define and identify three types of elder abuse
- Identify four characteristics of abuse victims and perpetrators
- Determine three causes of elder abuse
- Become familiar with four types of intervention strategies to reduce elder abuse and protect seniors

3 contact hours/$48  Network member fee: $16

HCSEM-042-1  Tu  Feb. 13  5:30-8:30 p.m.
Regnier Center 181  Novella Perrin

Stressed Out Providers: Five-Minute Meditation Skills to Lower Your Stress

Do you feel incredibly overwhelmed by your job and your modern family responsibilities? Does your self-care end up at the bottom of the list? Healthcare professionals are falling prey to high levels of clinical anxiety and depression, often directly related to the modern work phenomenon of being tethered to a smartphone or defaulting to the easy imbalance of caring for others vs. themselves first. Meditation is garnering an incredible amount of attention as a drug-free way to lay neuropathways to lower one's stress within seconds. Meditation has been shown to demonstrate changes in brain perfusion, decreases in inflammatory gene expression and dramatic increase in telomerase (a longevity enzyme) that correlates with subjective sense of well-being, energy, sleep, memory, and a 65 percent improvement in depression scales. Come join us for this non-intimidating, "non-new agey" introduction to realistically interjecting meditation into your professional life and how to teach this to your troubled clients.

RNs, LPNs, LMHTs, social workers, LPCs, LCPCs will earn 3 contact hours. ACHAs will earn 3 (E) hours.

Learning Objectives:
- Identify the core processes of meditation and the research behind brain changes when one meditates
- Examine several pathways to a five-minute meditation practice and how each practice affects the brain, behavior, and emotion for clients and ourselves
- Identify four ways meditation can be especially helpful with depression, anxiety, eating disorders, and those with pain or other inflammatory chronic illnesses
- Discuss how meditation can be used with ACT or DBT as a complementary skill

3 contact hours/$48  Network member fee: $16

HCSEM-065-1  F  Feb. 16  8:30-11:30 a.m.
Regnier Center 181  Sally King

Social Media: The Good, The Bad and The Ugly

Social media is here to stay and can be used positively or negatively. The effects it is having on our youth and society at large is of concern to many, but what are the true facts? In this very informative workshop you will learn of the popular websites, the new apps and technology and explore both the positive and negative effects they are having on us all. The latest in current research on the effects of technology on brain development and the often tragic outcomes of cyber bullying will also be covered.

RNs, LPNs, social workers, LPCs and LCPCs will earn 6 contact hours.

Learning Objectives:
- Learn about popular websites, apps and technology used by our society
- Discuss both the positive and negative aspects of social media
- Discuss and understand Cyber bullying issues
- Review current research on the effects of technology on brain development

6 contact hours/$96  Network member fee: $32

HCSEM-072-1  Sa  Feb. 17  8:30 a.m.-3:30 p.m.
Regnier Center 181  Katie Vena

Osteoporosis: Incidence, Cost, Pathology and Treatment

This lecture will provide information on osteoporosis as a debilitating, but preventable disease. This presentation will include data on the structure and formation of bone, the classification of osteoporosis as a diagnosis and risk factors of the disease. The material will detail the incidence facts and figures, treatment options and financial costs. New therapies in research and clinical study dilemmas will also be covered.

RNs, LPNs, LMHTs will earn 3 contact hours. Kansas ACHAs will earn 3 (RC) hours. PTs and OTs will earn 2.75 contact hours.

Learning Objectives:
- Define osteoporosis and describe the population most susceptible to this debilitating disease
- List at least five risk factors for osteoporosis
- Explain the primary reason why menopause causes an increase in bone resorption
- Name the most serious consequence of untreated osteoporosis
- List four methods utilized to prevent osteoporosis
- Name three popular class of medicines used to treat the disease

3 contact hours/$48  Network member fee: $16

HCSEM-033-1  W  Feb. 21  5:30-8:30 p.m.
Regnier Center 181  Terry Rehder

Take 3 Save 15%

Receive a 15% discount when you enroll in three or more courses in a single transaction.
Current and Innovative Treatments for Depression
Depression is painful and can be debilitating even in the mild to moderate range. It robs clients of living their lives as they want to. This workshop will focus on an eclectic array of current and innovative treatments for depression, to equip you with a large toolbox of empirically supported techniques and flexible perspectives. Treatment approaches will include positive psychology, acceptance and commitment therapy, behavioral activation therapy, updated cognitive behavioral therapy, and innovative approaches by depression experts Richard O’Connor and Steve Ildari. Clinicians will learn a range of practical, easily applied techniques.

RNs, LPNs, LPCs, LCPCs, social workers and psychologists will earn 6 contact hours.

Learning Objectives:
• Understand the key principles of positive psychology and how they can be applied to depression
• Apply tenets of Acceptance and Commitment Therapy (ACT) to working effectively with long-term depression
• Use behavioral activation therapy to help promote movement and positive action
• Integrate an updated framework of cognitive-behavioral therapy with a multimodal treatment approach
• Learn Richard O’Connor’s broad-based approach to treating depression

Advanced Cardiac Life Support (ACLS)
This Advanced Cardiovascular Life Support (ACLS) course provides the knowledge and skills needed to evaluate and manage adults experiencing cardiac dysrhythmias and cardiac arrest. This course is based on simulated clinical scenarios with hands-on participation through learning stations where students practice essential skills individually and as part of a team.

Students must take and print out results of the pre-test found on the CD in their student text and bring it to the first day of class. Students also need to be prepared to test Adult CPR/AED skills as well as passing an ACLS written exam and skills test in order to receive an ACLS Provider Course Completion Card.

RNs and LPNs will earn 12 contact hours. This course requires the 2015 ACLS Provider Manual.

Learning Objectives:
• Conduct the Primary BLS and Secondary ALS survey on a patient
• Perform as team leader in a cardiac arrest simulation
• Assist and evaluate possible causes of a cardiac arrest
• Value the use of ETCO2 monitoring in cardiac arrest care

Cutting-Edge Treatments for Anxiety
Those suffering from anxiety disorders experience significant, life disrupting emotional pain, ranging from avoidance behaviors and obsessional thinking to crippling levels of distress. However, anxiety disorders are often very responsive to the proper treatment approaches and perhaps more so than medications. Come learn a variety of cutting-edge, empirically supported treatment approaches for working with a range of anxiety disorders. DSM-5 criteria for anxiety disorders will be reviewed.

This course meets BSRB criteria for diagnosis and treatment.

RNs, LPNs, social workers, psychologists, LPCs, LCPCs will earn 6 contact hours.

Learning Objectives:
• Review DSM-5 criteria for diagnosing anxiety disorders
• Understand the driving forces that create the self-reinforcing cycle of anxiety
• Implement strategies to help clients defuse the grip of anxiety
• Help clients to learn to shift perspective during times of worry and panic
• Learn to help clients remain consistently effective even during times of higher anxiety

A Caregivers’ Guide Through Dementia
Alzheimer’s disease affects more than 5 million people in America today, but did you realize that 50 percent of these individuals are being taken care of at home by an aging spouse? Did you know that 75 percent of these spouses are doing it alone without adequate support or knowledge? The statistics on these family caregivers are grim and reflect that their own health declines rapidly when caretaking a loved one. Why does this happen? A significant reason is lack of knowledge on what to expect as the disease progresses, how to adequately plan care and how to find resources. If this sounds like you, or someone you know, come spend a few hours and learn all about the stages of dementia, how to interact and make meaningful connections with your loved one, where to find resources, and most importantly why it is critical you take excellent care of yourself.

This course offers no healthcare CE.

Find out how your tuition can be paid for through a grant through JCCC by calling 913-469-3811.

Learning Objectives:
• State the three stages of Alzheimer’s disease and its signs and symptoms
• Identify four activities to create success for persons with dementia
• Identify three ways to communicate that are meaningful and comforting to the person with dementia
• State four ways to care for yourself and why this is important
• Identify five resources to provide assistance in caregiving
• State five important differences in adult care services and payer sources

A Caregivers’ Guide Through Dementia
Working with Children: The Theory and Practice of Play Therapy

Play is the most natural way children express themselves. Play therapy has become one of the most popular modalities in the field of children’s therapy. The theories of play, play therapy, and the play room are essential building blocks to understand in order to practice this most exciting and challenging approach to helping children. Spend a day exploring the intricacies of this theory, learning new and innovative techniques, and applying it to children between the ages of 2 and 11 years old. This workshop is guaranteed to challenge and stimulate you to be more involved with play therapy as a viable approach to working with children in a therapeutic setting.

Learning Objectives:
• Recognize the theory of play and five play therapy theories and identify how they apply to different client populations
• Evaluate the relationship of play therapy techniques to developmental stages of children
• Demonstrate the application of play and play therapy to 10 play therapy techniques and to different populations

6 contact hours/$96

Psychotropic Medications: When and Why to Use Them

The use of psychotropic medications for mental illness has led to the improved quality of life for many, but it is not without risk. Recently developed medications have a lower negative side effect profile, but risks still remain including the increase in the number of suicidal thoughts, plans and attempts in adolescents. Behavior problems in adults with dementia are also treated with psychotropic medications and have their own specific benefits and risks. In this workshop you will learn appropriate use of psychotropic medications for mood and behavior problems and potential negative side effects and drug interactions.

RNs, LPNs, APRNs, social workers, psychologists, LPCs and LCPCs will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
• Learn the common prescribed psychotropic medications and their FDA approval for specific conditions
• Discuss the common side effects of commonly prescribed psychotropics
• Discuss the ways psychotropic medications have improved quality of life for individuals with mental illness and behavioral disorders

3 contact hours/$48

Advanced Cardiac Life Support (ACLS) Update

This is an update class. Participants must be currently certified as ACLS providers to participate. This course provides the knowledge and skills needed to evaluate and manage adults experiencing cardiac dysrythmias and cardiac arrest. It is based on simulated clinical scenarios with hands-on participation through learning stations where students practice essential skills individually and as part of a team.

Students must take and print out results of the pre-test found on page ii in their student text and bring it to the first day of class.

Textbook is not included in the price of the course.

Students need to be prepared to test adult CPR/AED and respiratory arrest skills as well as passing an ACLS written exam and skills test in order to receive an ACLS Provider Course Completion Card. EMS providers may submit to KSBEMS for retroactive approval for healthcare CE hours.

No healthcare CE is awarded for this course. EMS Providers may submit to KSBEMS for retroactive approval for healthcare CE hours.

Learning Objectives:
• Conduct the Primary BLS and Secondary ALS survey on a patient
• Perform as team leader in a cardiac arrest simulation
• Assess and evaluate possible causes of a cardiac arrest
• Value the use of ETCO2 monitoring in cardiac arrest care

7 contact hours/$150

Engaging Ethically in Clinical Settings: Boundaries, Self-care and Liability

Just as the DSM-5 overhaul is shaping how we diagnose, clinicians are also having to re-look at how they can maintain ethical standards in an electronic world of high access and changing reimbursement. This interactive course will provide you an overview of contemporary clinical and ethical dilemmas faced by mental health professionals when working with troubled clients. You will also learn clear strategies for approaching and resolving ethical dilemmas with particular attention to boundary issues, counter-transference, high risk situations and risk management. Case examples will be examined and group discussion will be integrated into the presentation to illustrate the grey areas surrounding these complex issues. Clinicians will leave this course with key skills to decrease risk in clinical practice and increase ethical clinical practice with greater awareness of ethical treatment plans and documentation and clinical competence in the areas of advanced training, continuing education and supervision.

RNs, LPNs, LMHTs, social workers, LPCs, LCPCs and psychologists will earn 3 contact hours. ACHAs will earn 3 (A) hours.

This course meets KSBSRB criteria for ethics.

Learning Objectives:
• Identify three distinct clinical and ethical responsibilities and duties in mental health clinical practice
• Identify four clear strategies for approaching and responding to ethical dilemmas
• Discuss current best practice knowledge and guidelines for assessing and responding to clients who present with risk of suicide, violence and/or possible abuse or neglect
• Recognize four common boundary dilemmas and countertransference which emerge in clinical practice with recommendations to maintain healthy professional boundaries

3 contact hours/$48

Receive a 15% discount when you enroll in three or more courses in a single transaction.
Spinal Cord Injuries: Where We Are and Where We Hope to Be?
This course explores current advances in the treatment of spinal cord injuries that have lessened the devastating impact these injuries can leave on patients. Advances in surgical and functional rehabilitation, electrical stimulation, current and prospective pharmaceutical treatments will be reviewed in this workshop.

RNs, LPNs, LHTs, LPCs, social workers, respiratory therapists, registered dietitians and counselors will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Identify four factors that may contribute to misuse and abuse
- Identify basic personality disorders of older adults
- Identify ways in which an older adult’s personality develops
- Identify the psychosocial needs of older adults and common responses when these needs are not met
- Identify basic personality disorders of older adults

3 contact hours/$48

Substance Misuse and Abuse in Seniors
Explore the trends of substance misuse and abuse among the elderly. We will examine the cost of substance misuse and abuse to seniors and society. Contributing factors will be explored which may facilitate potential drug misuse and abuse. A review of current literature which gives specifics to why elders may gravitate to a particular drug classification will be discussed. Various prescription and over-the-counter (OTC) drugs will also be included as we evaluate interventions to reduce misuse and/or abuse.

RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians will earn 6 contact hours. ACHAs will earn 6 (RC) hours.

Learning Objectives:
- Identify 3 facts from current literature on trends of misuse and abuse of substances in seniors
- Identify four factors that may contribute to misuse and abuse
- Understand the risk factors and cost of this abuse to seniors, families and society
- Discuss the effectiveness of interventions to reduce misuse and abuse

6 contact hours/$32

Social Gerontology: An Overview
Understanding and meeting the needs of elders has come to the forefront of healthcare as the population becomes older. Older people today are not the same as their grandparents. They expect more, are more verbal and will live far longer. Lifestyles, employment, retirement and healthcare needs are different. Come explore the demographic factors of the aging population, normal biological, psychological and social changes that occur in aging adults. You will learn causes, symptoms and manifestations of depression and Alzheimer’s disease. You will learn to compare and contrast aging in different environments and learn to identify the stages of grief and the stages of retirement.

RNs, LPNs, LMHTs, social workers, LPCs, and LCPCs will earn 6 contact hours. ACHAs will earn 6 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Identify the basic personality traits of older adults
- Identify ways in which an older adult’s personality develops
- Identify the psychosocial needs of older adults and common responses when these needs are not met
- Identify basic personality disorders of older adults

6 contact hours/$32

Concussion: The Hidden Injury
Concussion rates are estimated at 4 to 5 million annually and studies indicate 50 percent of the people with them will suffer chronic pain. Today, with the awareness of concussions resulting from harder and faster play in sports, motor vehicle accidents and falls of all ages it is imperative that all healthcare workers understand the long-term effects concussion plays in an individual’s life. This course will prepare you to be knowledgeable and informed about caring for patients with concussion.

RNs, LPNs and massage therapists will earn 7 contact hours. Approval is pending for PTs and OTs.

Massage therapists bring a table, linen and oil.

Learning Objectives:
- Identify four mechanisms of injury in concussions
- State the major structures of the head, neck and brain involved in concussion
- Demonstrate four massage techniques to assist a client with concussion recovery
- Identify three symptoms of concussion that may linger for long periods of time

7 contact hours/$112

Nutritional Disorders and Nutritional Therapy
Nutritional deficiencies can be the source of major diseases or chronic medical conditions. This course will cover the essential nutrients, their role in the body, sources of nutrients and reasons for deficiencies. We will also discuss the nutritional supplements commonly used in a number of chronic conditions or diseases.

RNs, LPNs, registered dietitians, massage therapists and social workers will earn 7 contact hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Identify essential nutrients and their importance in the body
- Identify essential vitamins, minerals and electrolytes and their importance in nutrition
- Identify role of both essential fatty acids and probiotics in nutritional health
- Review nutritional or botanical supplements recommended for various chronic health conditions

3 contact hours/$32

Receive a 15% discount when you enroll in three or more courses in a single transaction.
You Can Lead Patients to Treatment Plans, But You Cannot Make Them Follow

Is there anything more professionally frustrating for you than patients who don't follow treatment recommendations? Treating individuals for problems, which might have been avoided if our advice had been used, can trigger a variety of emotions including resentment, irritation and disappointment. We remain stymied by the adherence rate challenge, yet patients often know why they choose not to follow medical advice. In those instances when adherence remains an issue, we may need to add new skills and insights to our toolkits so outcomes are maximized. Come learn methods of generating better adherence rates for patients and stress management strategies for you.

APRNs, RNs, LPNs, social workers, LCPC, LPCs, registered dietitians and respiratory therapies will earn 6 contact hours. Approval is pending for PTs and OTs.

Learning Objectives:
• Identify common characteristics of nonadherent patients
• Discuss reasons patients identify for lack of adherence
• Describe factors that influence patient adherence
• Examine the characteristics of adult learners
• Discuss methods for enhancing patient adherence
• Describe methods for dealing with nonadherence
• Identify stress management strategies for professionals dealing with the problem of nonadhering patients

6 contact hours/$96
Network member fee: $32
HCSEM-045-1 F Mar. 29 8:30 a.m.-3:30 p.m. Regnier Center 181 Judy Zinn

End-of-Life Issues From a Physician’s Perspective in the 21st Century: An Honest Discussion

Resolving end-of-life issues in the 21st century is far more complicated than even 25 years ago. Physicians and other healthcare professionals are questioning their professions’ and their own ethical and moral stances on what is the ‘right’ approach to take. You won’t want to miss this thought-provoking workshop as Dr. Johnson leads us in an in-depth discussion of end-of-life and palliative care after watching the PBS Frontline video on Being Mortal by Atul Gawande, MD.

APRNs, RNs, LPNs, social workers, LPCs, LCPCs, respiratory therapists and registered dietitians will earn 4 contact hours. ACHAs will earn 4 (RC) hours.

Learning Objectives:
• Describe three current approaches to raising end-of-life issues and the necessity for the involvement of the healthcare providers
• State the need for advance care planning and how to share this with patients as well as loved ones
• Become familiar with the current state of hospice/palliative care in and out of the hospital setting
• Examine your own values on end-of-life issues and how they affect clinical practice

4 contact hours/$64
Network member fee: $22
HCSEM-004-1 F Mar. 30 12:30-4:30 p.m. Regnier Center 181 Pam Johnson

A Catch in My Get-along: Restoring Function in Hip Osteoarthritis

Balance and gait dysfunction are associated with immobility and falls in the aging population, impairing their quality of life. A 2006 research study showed a 35 percent prevalence of gait disorders among persons over age 70. In 2013, the CDC reported 25,500 older adults die from unintentional falls. Of the 250,000 hip fractures reported every year, 95 percent of those were from falls. This course is intended to assist you in recognizing dynamic biomechanical changes that occur in clients with hip osteoarthritis and provide effective techniques to minimize the dysfunction and improve their mobility and quality of life.

APRNs, RNs, LPNs and massage therapists will earn 7 contact hours. Approval is pending for PTs and OTs.

Learning Objectives:
• Learn to evaluate for biomechanical dysfunction of the hip and surrounding tissue
• Determine the cause for the dysfunction
• Learn four effective therapeutic options to restore functional mobility.
• Gain proficiency in palpation of lumbopelvic and lower extremity musculature
• Use evaluation of peripheral nerve entrapment to determine contribution to dysfunction

7 contact hours/$112
Network member fee: $38
HCSEM-035-1 Sa Mar. 31 9 a.m.-5 p.m. Regnier Center 181 Chantel Braasch

The Puzzling Power of the Mind

Think about it: psychology is at work daily at all levels of our lives and we are touched by its power. Our psyche interlocks our decision-making with relationships, careers and our behaviors – it’s even affected by the weather.


8:30 a.m.-3:30 p.m. | Friday, April 20
See page 19 for course information.
Questions? Call 913-469-3811
Exercise for the Elderly and Neurologic Population
You know that the benefits of exercise are thoroughly researched for seniors and those with neurological conditions, but do you know the exact physical activity guidelines recommended to share with these patients? Probably not, but you will by attending this course taught by Amy Nichols, DPT. She will provide you with the information needed to educate your patients on the benefits of exercise and for those with neurological conditions such as Parkinson’s disease, Multiple Sclerosis and Alzheimer’s disease. Special topics will be discussed that are pertinent to each population.

ARNPs, RNs, LPNs, LMHTs, social workers, LPCs, LCPCs and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
1. State four normal aging changes in the body
2. Identify three positive effects of physical activity for the brain
3. State five exercise recommendations for the elderly
4. State four specific exercises for patients that are falling, and those with specific neurological conditions

3 contact hours/$48 Network member fee: $16
HCSEM-046-1 Tu Apr 3 1-4 p.m. Regnier Center 181 Amy Nichols

Grief and Loss in Contemporary Society
When loss occurs, the resulting ripple effects of change permeates a family system as individuals move to adjust and adapt to the loss. The grief and mourning journey is unique to each person. However, there are some commonalities often shared by fellow travelers on the road. This workshop will explore what is referred to as the grief journey. Attention will be given to the following areas: clinical aspects of diagnosing and treating grief; practical interventions to use with those experiencing loss; issues related to trauma; grief over the life span; discussion on the concept of complicated mourning; and cultural considerations in working with people around loss and grief issues.

RNs, LPNs, LMHTs, social workers, LPCs and LCPCs will earn 7 contact hours. ACHAs will earn 7 (RC) hours.

This course meets KSBSRB criteria for diagnosis and treatment.

Learning Objectives:
1. State seven criteria from the DSM 5 for diagnoses as it pertains to grief, anxiety, mood disorders and trauma related areas
2. Identify four effects of trauma and treating trauma prior to addressing grief
3. State three components of working with various cultural backgrounds as it pertains to grief
4. Discuss the term complicated mourning and identify three ways to address this concept as it pertains to grief work

7 contact hours/$112 Network member fee: $38
HCSEM-068-1 W Apr 4 8:30 a.m.-4:30 p.m. Regnier Center 181 Therese McKechnie

All You Need is a Dog: The Therapeutic Benefits of Animals in the Clinical Setting
The saying “A dog is a man’s/woman’s best friend” is very true. Research has shown that companion animals lower levels of stress and anxiety. Animals provide a feeling of comfort that is often not found in traditional forms of therapy. The use of service animals with adults and children is becoming a more accepted practice. Animals increase quality of life and can also improve physical health. In this class, we will discuss the benefits of having animals participate in the therapeutic process with people who have mental health and emotional challenges. You will also learn how to incorporate animals into your clinical setting.

RNs, LPNs, LMHTs, social workers, LPCs and LCPCs will earn 3.5 contact hours.

Learning Objectives:
1. Describe the therapeutic benefits of animals as companions and in clinical settings
2. Identify methods that can be used in clinical settings to engage clients with the use of animals
3. Discuss the different terms used when animals assist in the therapeutic process, including service animal, emotional support animal and therapy animal
4. Understand the rules and regulations for support animals in clinical settings

3.5 contact hours/$56 Network member fee: $19
HCSEM-070-1 Th Apr 5 8:30 a.m.-noon Regnier Center 181 Stuart Waldman

I Don’t Need Willpower, I Need ‘Won’t Power’!
Oscar Wilde famously stated, “I can resist everything except temptation.” Probably most of us can relate. Willpower has been identified as one of the two characteristics most associated with success in life, however, studies also indicate that most people rate themselves as low in will power and self-control. Recent research has shed much light on this mysterious (and often failing) resource. This interactive workshop will focus on applying scientific findings to everyday life situations and provide practical, research-based steps for strengthening will power and self-control for both for ourselves and our patients.

RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians will earn 6 contact hours.

Learning Objectives:
1. Understand the limits and the exhaustibility of willpower
2. Become familiar with the inherent difficulties of creating lasting change
3. Learn how to lower barriers to change and engineer early successes
4. Apply “implementation intentions” to change efforts
5. Create realistic and sustainable habits to support self-control

6 contact hours/$96 Network member fee: $32
HCSEM-075-1 F Apr 6 8:30 a.m.-3:30 p.m. Regnier Center 175 John Wade

Kansas Assisted Living Facility Operator Training Course
This course is designed to train you for a career as an operator of assisted living facilities, residential healthcare facilities, home plus and adult day care facilities with information on the principles of assisted living. The aging process and its effect on activities, treatment and management of the elderly will be presented. Participants who attend all sessions and successfully complete a comprehensive examination will meet the requirements to be a long-term care facility “operator” for those mentioned above as established by the Kansas Department of Health and Environment.

This course is also recommended for current operators as a beneficial update on the latest information in assisted living and residential healthcare.

Enrollees must have; an associate degree in hospitality, gerontology or health and human services, or other degrees approved by the secretary of the Kansas Department of Aging and Disabilities Services, or have a bachelor’s degree.

Kansas ACHAs will earn 45 (A) hours and 15 (IC) hours. RNs, LPNs and social workers will earn 45 contact hours. This course does not provide a business plan for opening an assisted living, residential healthcare or home plus.

Learning Objectives:
1. Express a philosophy of person-centered, long-term care based on individual resident needs, preferences and choices
2. Express knowledge of the aging process
3. Demonstrate knowledge of applicable state and federal regulations
4. Discuss resident rights
5. Discuss issues involved in the management of internal support staff, budgeting, supplies and outside resources

45 contact hours/$740
HCAGE-101-2 F/Sa Apr 6-21 8 a.m.-5 p.m. Regnier Center 144 Arlin Bohn
Working with Traumatized Older Adults: Diagnostics, Treatment and Ethics

By attend this introductory course on older adult trauma and PTSD, you will gain skills, interventions and an understanding of the ethical issues for help and healing with traumatized seniors. Come learn the standard of care for treatment in the field of traumatic stress and its key ingredients. Learn evidence-based treatment protocols and interventions for establishing safety, desensitizing and reprocessing trauma memories, acclimating and resolving grief/loss and assisting clients in reconnecting to lives full of purpose and healthy coping. A review of the DSM-5 categories and diagnostic criteria for trauma and PTSD will be reviewed and participants will walk away with a good grasp on how to address those symptomatic and painful adaptations that older adults often unknowingly make after having experienced war, loss and major life changes.

RNs, LPNs, LMHTs, social workers, LPCs, LCPCs will earn 6 contact hours. ACHAs will earn 6 (RC) hours.

This course meets KSB/SRB for 6 hours of diagnosis and treatment.

Learning Objectives:
- Describe the etiology and impact of traumatic stress on the older adult client using multiple assessment strategies
- Describe how to assess a client’s reaction to a traumatic event and make an appropriate diagnosis
- Explain how grief, bereavement, and mourning are accounted for in the new DSM-5
- Implement interventions to assist a client in dealing with the biopsychosocial manifestations of trauma, PTSD, and traumatic grief/complicated mourning
- Explain the effects of trauma on the structure and function of the brain
- Review the Social Work Code of Ethics and how working with traumatized patients can create challenging boundary issues
- Review ethical case studies on how typical PTSD presents and how a social worker should handle assessment and potential referral when beyond one’s capacity

7 contact hours/$112  Network member fee: $38
HCSEM-041-1  W  Apr 11  9 a.m.-5 p.m.  Regnier Center 101D  Sandra Lane

Neck and Shoulder: Soft Tissue Release Techniques

This course is designed to increase your skill level as a therapist by examining the anatomy of the neck and shoulder region as it relates to specific compensated patterns resulting in pain and dysfunction in regions of concern, leading to compensation in other areas of the body. You will learn to assess muscles, identify dysfunction, design treatment plans using various massage and manual therapy techniques to improve function in these regions.

RNs, LPNs, and massage therapists will earn 7 contact hours. Approval is pending for PTs and OTs.

Massage therapists: Bring a massage table, sheets and oil.

Learning Objectives:
- Examine the anatomy of the neck and shoulder regions
- Examine patterns of dysfunction in the body that result from neck and shoulder pain
- Perform hands-on application of techniques to release the patterns of dysfunction that are associated with neck and shoulder dysfunction
- Increase proficiency in recognizing and feeling restrictions as they relate to dysfunctional pain patterns
- Increase ability to successfully release restrictions and relieve pain in areas associated with neck and shoulder dysfunction

7 contact hours/$112  Network member fee: $38
Network member fee: $32
HCSEM-067-1  F  Apr 6  8:30 a.m.-3:30 p.m.  Regnier Center 181  Sally King

Epigenetics: What's New in Recent Research on Aging Well

Epigenetics is the study of external or environmental factors that turn genes on and off and affect how cells read genes. Recently, the differences between biological age and chronological age has indicated that biological and genetic factors may accelerate the aging process. Telomere shortening is involved in the aging process and telomere length represents our biological age as opposed to our chronological age. Come join this exciting discussion that will update your knowledge on the current and future of genetic-based technologies and methods that explore aging. Discussions will focus on telomeres, gene expression, potential genetic-based therapies and where these technologies may change the face of aging and healthcare.

RNs, LPNs, social workers, LPCs, LCPCs, registered dietitians and respiratory therapists will earn 4 contact hours. ACHAs will earn 4 (E) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Describe the principles of genetics and aging
- Discuss the function of telomeres in genetics and aging
- Discuss the genetic basis of biological age
- Understand the future of aging and genetics, and the ethical and moral implications for DNA manipulation

3 contact hours/$48  Network member fee: $16
HCSEM-030-1  Tu  Apr 10  8:30-11:30 a.m.  Regnier Center 181  Sharon Lowenstein Poisner

Receive a 15% discount when you enroll in three or more courses in a single transaction.
Allergic Rhinocconjunctivitis: Description and Treatment

This course will provide a definition and description of seasonal and perennial allergic rhinitis. It will include information on the most common allergens and a brief discussion on the associated pathology. The primary focus will be on the most common presenting symptoms of the affliction and pharmacologic management. Time will also be devoted to ongoing clinical research and promising new therapy.

RNs, LPNs and LMHTs will earn 3 contact hours.

Learning Objectives:
- Define and differentiate between seasonal and allergic rhinitis
- List the most common allergens that cause rhinoconjunctivitis
- List the prevailing symptoms of allergic rhinitis
- Name the most common pharmacologic therapies used to manage patient symptoms
- List the most common side effects of standard therapies
- Name the most promising medication currently in research trials and list three potential advantages

3 contact hours/$48 Network member fee: $16

HCSEM-032-1 W Apr. 18 5:30-8:30 p.m.
Regnier Center 181 Terry Rehder

Sleep: Its Effects on Our Brains and Our Health

Approximately 20 percent of Americans report they get less than six hours of sleep on average and the number that report they get eight hours or more has decreased significantly. Sleep loss is taking its toll on our physical and emotional health and on our nation’s workplace productivity and our highway’s accident rates. Sleep deprivation is increasingly being recognized as important to our mental and physical health. Come learn more on why we all need a good night’s sleep.

RNs, LPNs, respiratory therapists, LPCs, LCPCs, social workers and registered dietitians will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Review the importance of sleep patterns
- Review sleep/wake disorders
- Discuss how sleep quality affects the quality of waking life including productivity, emotional regulation, weight, creativity and vitality
- Discuss the effects of adequate sleep on blood pressure and diabetes
- Review the literature on adequate sleep amounts required for health
- Discuss sleep apnea and current treatments

3 contact hours/$48 Network member fee: $16

HCSEM-039-1 W Apr. 18 8:30-11:30 a.m.
Regnier Center 181 Saeed Jalilpoor

Social Media: Positive or Negative?

Whether you “like” it or despise it, social media is here to stay. Studies now point to positive and negative brain development in youth and society as a whole.

In Social Media: The Good, The Bad, The Ugly, find out facts about:
- Popular websites
- New apps
- Technology tips

8:30 a.m.-3:30 p.m. | Saturday Feb. 17

See page 11 for course information.

Questions? Call 913-469-3811

Receive a 15% discount when you enroll in three or more courses in a single transaction.
The Psychology of You: The Impact of Psychology in Our Daily Lives

Psychology is truly information we can use because it impacts our lives at all levels, from the decisions we make to the friends we have to the careers we choose. Even at subtle levels, psychology is at work in our daily lives, even if we are not aware of it. For instance, our memory is poorer on nice sunny days, and our willpower goes down when we are hungry. Come learn the variety of ways that psychology affects our daily lives, including: environmental factors, decision-making, the irresistible pull of irrational behavior, friendships or relationships, parenting, work, technology and modern life. The more we know about the impact of psychology, the more effectively we and our patients can apply psychological principles to daily choices and decision-making and have more control in our own lives.

RNs, LPNs, psychologists, social workers, LPCs and LCPCs will earn 6 contact hours.

Learning Objectives:
- State four subtle ways our environment impacts us
- State three principles of good decision-making and understand the pull of irrational behavior
- Identify three key elements of good relationships and friendships
- State four research-based principles of good parenting

6 contact hours/$96  
Network member fee: $32

HCSEM-050-1  
F  
Apr. 20  
8:30 a.m.-3:30 p.m.  
Regnier Center 181  
John Wade

Dementia Care Certificate: A Comprehensive Walk Through Caring for Someone With Dementia

Alzheimer’s disease and other dementias are on the rise and so far we have no cure. The emotional, physical and financial toll these illnesses demand from family members and the healthcare professions is mind-boggling, yet the dollars spent in research is minimal in comparison to cancer, cardiac diseases and many others. Dementia is now the sixth leading cause of death in America and the burden of care is overwhelming. All this said, there is hope. Hope for the person with the illness and hope for the caregivers whether family, friend or professional. That hope lies in understanding and knowledge. This one-of-a-kind program is designed to provide you with insights and information you may never hear anywhere else to alter your approach, change environments, understand medications, design activities, improve interactions, reduce negative behaviors and improve quality of life for persons with dementia.

RNs, LPNs, counselors, registered dietitians and social workers will earn 18 contact hours. ACHAs will earn 18 (RC) hours. CNAs, home health aides and personal/ family caregivers will receive a certificate of completion for the program.

Learning Objectives:
- Learn the neurological progression of Alzheimer’s disease and the cognitive/functional changes that occur with it
- Correlate the neurological stages of dementia with causes for behavioral issues
- Develop non-pharmacological interventions for behavioral issues based on neurological changes and perceptions
- Identify five symptoms for depression in persons with dementia
- Identify four premises for structuring activities for persons with dementia
- State five ways to maintain dignity and quality of life for someone with dementia in all stages of the disease
- Discuss self-care and stress intervention techniques for caregivers
- Discuss and identify four resources for respite care and identifying needs for LTC placement

18 contact hours/$288  
Network member fee: $96

HCSEM-013-3  
WThF  
Apr. 24-26  
8:30 a.m.-3:30 p.m.  
Regnier Center 181  
Michelle Niedens

Everything You Wanted to Know About Statins … And More!

Dyslipidemia is a major, modifiable risk factor for coronary heart disease. The use of lipid-altering agents, primarily statins, has demonstrated a reduction in major cardiovascular events. The general goal of the presentation will be to discuss the role of statins in clinical practice. Additionally, we will discuss the major recommendations from the 2013 American College of Cardiology/American Heart Association Cholesterol Guidelines. Identifying and discussing key findings from this document will allow for recognition of important patient groups that may benefit from statin therapy including a reduction in cardiovascular events.

RNs, LPNs, APRNs, social workers, registered dietitians and respiratory therapists will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- Describe the rationale for the recommendations involving the 2013 ACC/AHA Cholesterol Guidelines
- Recognize the four major statin benefit groups
- Differentiate between, high-dose, moderate-dose and low-dose statin therapy
- Understand the potential adverse events of statin therapy

3 contact hours/$48  
Network member fee: $16

HCSEM-073-1  
W  
Apr. 25  
5:30-8:30 p.m.  
Regnier Center 181  
James Backes

What Makes Teams Work: The Unique Challenges of Medical Treatment Teams

Interdisciplinary teams are considered one of five core competencies for healthcare workers. Yet teamwork remains challenging. What qualities define effective teams? How do successful teams overcome barriers that prevent them from thriving? Are the outcomes produced by interdisciplinary teams worth the money and time necessary to design and develop them? As healthcare organizations are pressured to produce better outcomes with shrinking reimbursement rates and reduced resources, the answers to these questions become even more important.

If you’ve been frustrated by the challenges of teamwork and wondered how to facilitate more meaningful teams, join us to discover the strategies used by high performing interdisciplinary healthcare teams.

APRNs, RNs, LPNs, social workers, LPCs and LCPCs will earn 6 contact hours. ACHAs will earn 6 (A) hours.

Learning Objectives:
- Describe the five core competencies for healthcare workers identified by the Institute of Medicine
- Identify the qualities present on high performing interdisciplinary teams
- List barriers to effective interdisciplinary teamwork
- Describe methods for overcoming the barriers to effective teamwork
- Identify historical influences on the development of interdisciplinary teams
- Examine the impact of teams on specific patient populations
- Discuss the impact of professional codes of ethics on interdisciplinary team practice

6 contact hours/$96  
Network member fee: $32

HCSEM-059-1  
F  
Apr. 27  
8:30 a.m.-3:30 p.m.  
Regnier Center 181  
Judy Zinn
Happy Hour in Senior Care Communities: What is the Risk?

‘Happy Hour’ in senior care communities is a controversial subject among healthcare professionals, business owners, families and residents. In this thought-provoking workshop, we will examine the pros and cons of honoring lifestyle preferences and how to minimize risk when alcohol is provided. Current literature will be reviewed that speaks to alcohol use and abuse in the elderly population. Assessment tools and who should implement them will be covered.

RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians will earn 6 contact hours. ACHAs will earn 4 (RC) hours and 2 (A) hours.

Learning Objectives:
- Explore the pros and cons of “Happy Hour” in Senior Care Communities
- Name five negative impacts of alcohol on seniors
- Discuss the positives of “Happy Hour” in senior care communities
- Understand the importance of assessment for alcohol abuse and alcoholism
- Explore assessment tools for alcohol abuse and alcoholism
- Discuss the importance of preadmission assessments

6 contact hours/$96  Network member fee: $32

HCSEM-036-1  Sa  Apr 28 9 a.m.-4 p.m.
Regnier Center 181 Candace Webb-Cohen

Cardiac Medications: Understanding Use and Side Effects

There are a myriad of medications prescribed for patients with heart disease. It’s critical for both patients living with heart disease and those who care for them to understand the prescribed medication, to follow the directions of usage, and to be able to recognize the possible side effects associated with them. In this course you will learn the most common medications prescribed for a variety of cardiac conditions, how they work, and their most common side-effects to increase your effectiveness in patient education and to promote patient wellness.

APRNs, RNs, LPNs, social workers, counselors, registered dietitians and respiratory therapists will earn 3 contact hours. ACHAs will earn 3 (RC) hours. Approval is pending for PTs and OTs.

Learning Objectives:
- State the five most common cardiac conditions in which medications are prescribed
- Identify the four most common ACE Inhibitors and their side effects
- Identify three calcium channel blockers, their mechanisms of action and side effects
- State the mechanism of action of angiotensin II receptor blockers and their most common side effects
- Identify two cardiac conditions where Beta-Blockers are prescribed.
- Identify three anti-arrhythmics, their mechanisms of action and side effects

3 contact hours/$48  Network member fee: $16

HCSEM-112-2  Tu  May 1 8:30-11:30 a.m.
Regnier Center 181 Terry Rehder

Music That Speaks to Alzheimer’s

In this workshop you will learn why and how music is a powerful tool for helping Alzheimer’s patients feel comfortable in a world they no longer completely understand. Much of this workshop is experiential so you learn from a whole brain perspective. There will be an explanation of entrainment, the body’s natural ability to synchronize with outside rhythms and the use of entrainment to help lower heart rate and blood pressure by experiencing music written at exactly 50 and 60 b.p.m. Students will learn why the sound environment affects the person with dementia. Discussion of sensory issues, techniques to reduce agitation by altering the sound environment and the use of musical techniques will be taught as ways for coping with dementia related behaviors.

No prior musical training is required to learn and apply these techniques with patients experiencing cognitive deficits.

RNs, LPNs, social workers and counselors will earn 6 contact hours. ACHAs will earn 6 (RC) hours.

Learning Objectives:
- Discuss the relationship of musical rhythms to body rhythms and brain wave patterns
- Discuss how the sound environment affects the person with dementia
- Discuss techniques for decreasing agitation by altering the sound environment

6 contact hours/$96  Network member fee: $32

HCSEM-048-1  F  May 4 8:30 a.m.-3:30 p.m.
Regnier Center 181 James LeCluyse

Your Last Chapter: Documenting Final Wishes

Did you know that 82 percent of people say it is important to document their end-of-life, death and post-death wishes, but only 23 percent have done so? Having our wishes consolidated in one place is truly a gift for those left behind and can be an asset in their bereavement. Come learn how to help clients with advanced directives, the benefit of adding narratives to their wishes, create a care log, empower surrogates, understand hospice/palliative care, make final disposition choices, decide on organ donations, and many more important topics for documenting final wishes.

RNs, LPNs, LMHTs, social workers, LPCs and LCPCs will earn 7 contact hours. ACHAs will earn 7 (RC) hours.

Learning Objectives:
- Identify four ways to help clients make some decisions on what is important to them at end-of-life and in their dying process
- State three strategies for recognizing the value of pre-planning for their loved ones left behind
- Identify three way to empower clients to document their wishes and have discussions with family to share their desires
- Establish four strategies for helping clients feel relief to have these important decisions made and documented

7 contact hours/$112  Network member fee: $38

HCSEM-069-1  Th  May 3 8:30 a.m.-4:30 p.m.
Regnier Center 181 Therese McKechnie

Act I: How to Build a Rich, Full and Meaningful Life

How psychologically flexible – and happy – are you? Great Questions. Acceptance and Commitment Therapy (ACT) theorizes that human happiness is fostered by three key habits: the ability to be present, open up and do what matters. ACT observes that much human unhappiness results from our failed attempts to eliminate or avoid painful thoughts and emotions. In this two-part course on ACT, we will explore the problems of human language and mind. Part I looks at the first four “core” ACT processes that facilitate psychological wellness and we will apply them to examples of anxiety and depression. This course offers you an amazing approach to helping humans build a rich, full and meaningful life.

RNs, LPNs, APRNs, social workers, LPCs, LCPCs and psychologists will earn 6 contact hours.

Learning Objectives:
- Discuss the “blessings and the curse” of the human mind and human language and how these contribute to human psychological suffering
- Identify the first four “core” processes of ACT
- Identify ways to apply the ACT core processes to anxiety and depression

6 contact hours/$96  Network member fee: $32

HCSEM-044-1  Th  May 3 8:30 a.m.-3:30 p.m.
Regnier Center 175 Janalea Hoffman

To register by phone, call 913-469-2323.
Healthcare Professionals and Prescription Drug Abuse

The last people we would suspect of having a drug addiction are healthcare professionals. Yet, these individuals are as likely as anyone else to abuse drugs. As healthcare professionals we need to be cognizant of the fact that drug-impaired health professionals are one source of controlled substance diversions. In this course you will learn of the contributing factors to drug addiction, which professions are at higher risk, what signs and symptoms help you detect an impaired colleague and what you can and should do to help everyone involved.

RNs, LPNs, social workers, LPCs, LCPCs, registered dietitians and respiratory therapists will earn 6 contact hours. ACHAs will earn 6 (A) hours. Approval is pending for PTs and OTs.

Learning Objectives:
• State the prevalence of drug abuse in the healthcare profession
• Identify four risks of drug abuse in the healthcare profession
• State the top five professional categories at a higher risk for drug abuse and addiction
• Identify three categories of prescription drugs abused
• Identify four contributing factors for drug abuse
• State five prevention techniques and interventions for treatment

6 contact hours/$96  Network member fee: $32

HCSEM-061-1  Sa  May 5  9 a.m.-4 p.m.
Regnier Center 145  Candace Webb-Cohen

Music That Speaks To Those On the Autism Spectrum

Music therapy interventions used with children and teens with autism spectrum disorders can improve social behaviors, increase focus and attention, increase communication, reduce anxiety and improve body awareness and coordination. In this class, you will learn about the vestibular system and how it relates to autism. Experience different kinds of music, and learn how they affect the sensory, cognitive and emotional systems.

RNs, LPNs, social workers, counselors and massage therapists will earn 4 contact hours. Approval is pending for OTs and PTs.

Learning Objectives:
• List three benefits of music for individuals with autism
• Describe how music helps the emotional response
• State one way music can help increase body awareness
• Describe two ways that music decreases anxiety

4 contact hours/$64  Network member fee: $22

HCSEM-154-1  W  May 9  8:30 a.m.-12:30 p.m.
Regnier Center 175  Janalea Hoffman

Act II: How to Build a Rich, Full and Meaningful Life

In Part II of this two-part in-depth course on ACT (Acceptance and Commitment Therapy), we will briefly revisit the problems and suffering created by human language and mind. Next, we will examine the remaining two “core” ACT processes of values and committed action, taking time to experience and apply these in session with clients. Come join us for the second part of this amazing approach to building rich, full and meaningful life and hone your skills in helping clients and patients help themselves.

RNs, LPNs, APRNs, social workers, LPCs, LCPCs and psychologists will earn 6 contact hours.

Learning Objectives:
• Review the problems created by the human mind and language and how they contribute to human psychological suffering
• State the remaining two “core” ACT processes not covered in Part I
• Identify and discuss ways to apply and utilize the ACT core processes to examples of anxiety and depression

6 contact hours/$96  Network member fee: $32

HCSEM-049-1  F  May 11  8:30 a.m.-3:30 p.m.
Regnier Center 181  James LaCluyse

‘Super-agers’ + Study = Hope

Get a first-hand look at what current research is uncovering in The Brain, Aging and Memory. Find out how to protect your brain and body from deteriorating as you – and your clients – grow older.

8:30-11:30 a.m. | Wednesday, Feb. 7

See page 9 for course information.
Questions? Call 913-469-3811

Receive a 15% discount when you enroll in three or more courses in a single transaction.
Medical Coding Certification Course (CPC)

The wait is over. The ICD-10 is here and our newly revised hybrid course will study medical coding using the latest curriculum approved by the American Academy of Professional Coders (AAPC).

Individuals who complete the course may apply to sit for the national AAPC exam.

The required textbooks (CPT, ICD-10-CM and HCPCS) are available at the JCCC Bookstore. The $290 fee for the CPC certification exam is not included.

Course Prerequisite:
Medical Terminology and Anatomy and Physiology

Knowledge Prerequisite:
Familiarity with coding books and physician coding processes.

This course is not eligible for the Take 3 discount.
This course is by selective admission only.
For more information, call 913-469-3811 or go to jccc.edu/hhs.

Learning Objectives:
• Apply ICD-10-CM guidelines through accurate assignment and sequencing of codes
• Apply NCCI and CPT guidelines in assigning CPT codes
• Apply modifiers to procedural services accurately
• Recognize key concepts commonly tested on the CPC exam

$1,700 / 22 sessions

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Dates</th>
<th>Times</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>HCPRO-004-2</td>
<td>Th Jan. 11-May 28</td>
<td>Online Course</td>
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<td></td>
<td>Th Jan. 11</td>
<td>6-9 p.m.</td>
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<td>Sa Apr. 28</td>
<td>8 a.m.-2 p.m.</td>
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<td>Th May 24</td>
<td>6-9 p.m.</td>
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<td>Regnier Center 181</td>
<td>Richelle Marting</td>
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</table>

This course is online and supplemented by three face-to-face sessions on campus.

Pharmacy Technician

If you are looking for a career in pharmacy, check out our rejuvenated Pharmacy Technician Certification course. We have sharpened the curriculum to provide you with the essentials to get you started in this flourishing field.

To make an appointment to talk to one of our staff, call 913-469-3811 or go to jccc.edu/hhs for more information.
Students who enroll in both Phlebotomy and ECG will receive a 15-percent discount.

**Phlebotomy Technician Certification**

This intensive 150-hour Phlebotomy Technician course will concentrate on both clinical and didactic phlebotomy and specimen collection. The student will learn all aspects of phlebotomy in a healthcare setting, including collection procedures, safety guidelines, patient rights, test requirements and equipment basics. Lecture and initial clinical work will be held at JCCC. Students who have successfully completed this portion of the course will be assigned a 1:1 rotation with an Olathe Medical Center laboratory staff to complete a 100+ hour clinical training rotation.

After successfully passing clinicals and the final exam, the student will be prepared to sit for the national certification test from the American Society for Clinical Pathology.

This course is not eligible for the Take 3 Discount.

This program is by selective admission only.
For more information, call 913-469-3811 or go to jccc.edu/hhs.

$1,650 / 22 sessions (2018 dates)

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Instructors</th>
</tr>
</thead>
<tbody>
<tr>
<td>HCPRO-003-2</td>
<td>Sa</td>
<td>Jan 6, 13, 20, 27, Feb 3, 10, 17</td>
<td>8 a.m.-4 p.m.</td>
<td>Olathe Health Education Center 235</td>
<td>Rozenia Pinzl Marge Malkames</td>
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<td>Feb. 17-May 12</td>
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</table>

**ECG Technician Course**

This comprehensive course goes far beyond teaching you to apply electrodes and operate the ECG machine. You will learn how to read and interpret ECGs and differentiate cardiac rhythms. This 60-hour program includes 40 hours of didactic and practical training on the JCCC campus and three days of clinical experience at Olathe Medical Center working 1:1 with ECG Technician staff in performing ECGs in a variety of hospital units. You will be prepared to sit for national certification upon successful completion of this course.

This course is not eligible for the Take 3 Discount.

This program is by selective admission only.
For more information, call 913-469-3811 or go to jccc.edu/hhs.

Learning Objectives:
- Be familiar with basic cardiac anatomy and physiology
- Demonstrate proficiency in accurately interpreting a variety of cardiac rhythms
- Demonstrate proper placement of electrodes on the chest
- Discuss patient confidentiality, professional ethics, infection control and equipment maintenance

$950 / 11 sessions (2018 dates)

<table>
<thead>
<tr>
<th>Course</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
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<tbody>
<tr>
<td>HCPRO-002-2</td>
<td>Th</td>
<td>Jan 11, 18, 25, Feb 1, 8, 15, 22</td>
<td>8:30 a.m.-2:30 p.m.</td>
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<td>Joyce Schmitz</td>
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<td>Feb. 22-Apr. 26</td>
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Online CEU Courses

For information about JCCC’s online certificate courses and prices, visit jccc.edu/ce/online.

Certificate in Brain Health (10 CEU) – $140
This course reviews all necessary functions of the brain from structure and function to the theories of neuroplasticity, neurogenesis and epigenetics.

Certificate in Complementary and Integrative Health (24 CEU) – $336
Program includes components of cultural competence, traditional healing systems, chiropractic, yoga, acupuncture, aromatherapy, naturopathy, animal-assisted therapy, legal and ethical issues.

Certificate in End of Life Care (19 CEU) – $266
Ethical issues, pain assessment and management, grief, the dying process, cultural considerations, pediatric end-of-life concerns, hospice and palliative care are included.

Certificate in Energy Medicine (10 CEU) – $140
Concepts of the Human Energy Field are examined and the effects of music, meditation, therapeutic touch, Reiki, reflexology, Qigong and acupuncture are discussed.

Certificate in Food, Nutrition and Health (16 CEU) – $224
Current issues in nutrition including food labels, botanicals, natural sweeteners, probiotics and nutrition and stress are reviewed.

Certificate in Gerontology (25 CEU) – $355
This course covers the physiology of aging, mental health and aging, pain assessment and management, elder abuse, Alzheimer’s disease and other pertinent topics related to geriatrics.

Certificate in Global Healing System (13 CEU) – $182
In this certificate program, you’ll deepen your knowledge of alternative medical treatment by learning about various global healing practices, including Ayurvedic medicine of India and Native North American healing.

Certificate in Healthy Aging (10 CEU) – $140
This certificate covers the components of nutrition, physical activity, intimacy and sexual activity and how they contribute to healthy physical and mental aging.

Certificate in Holistic and Integrative Health: Foundations 1 (14 CEU) – $196
Holistic stress management, healing environments, nutrition and the healing effects of physical exercise and movement are included in this certificate offering.

Certificate in Holistic and Integrative Health: Foundations 2 (10 CEU) – $140
Ayurvedic Medicine, traditional Chinese medicine, spirituality and health, and meditation are covered in this certificate offering.

Certificate in Holistic and Integrative Health: Foundations 3 (9 CEU) – $126
Humor and health, music and sound therapy, energy therapies and therapeutic bodywork are covered in this certificate offering.

Certificate in Infectious Diseases and Infection Control (13 CEU) – $182
Infectious diseases are responsible for more than 25 percent of all deaths. In this course you will learn what is essential for preventing the transmission of infectious diseases ranging from the most common to those that are emerging on a global basis and threaten pandemics.

Certificate in Integrative Mental Health (20 CEU) – $280
This certificate addresses the dramatic shift taking place in the healthcare field as alternative, holistic and integrative therapies are increasingly being used to treat mental health conditions.

Certificate in Legal and Ethical Issues in Healthcare (12 CEU) – $173
This certificate provides an overview of the legal and ethical issues that are common in the world of medical care, including the most current issues arising from scientific and technological advances.

Certificate in Meditation (8 CEU) – $112
This certificate explores the many meditation techniques that can be used to support the mind-body connection and promote healing and wellness.

Certificate in Mindfulness (8 CEU) – $112
This certificate explores the many meditation techniques that can be used to support the mind-body connection and promote healing and wellness.

Certificate in Nutrition, Chronic Disease and Health Promotion (12 CEU) – $168
This certificate explores the many meditation techniques that can be used to support the mind-body connection and promote healing and wellness.
Certificate in Optimal Healing Environments  
(16 CEU) – $224  
In this innovative certificate program, you’ll examine how Optimal Healing Environments (OHEs) impact the health of individuals and communities on a physical, social, psychological and spiritual level.

Certificate in Pain Assessment and Management  
(12 CEU) – $168  
Designed to examine key issues related to pain assessment and management and provide relevant and practical information needed to improve patient’s pain management.

Certificate in Perinatal Issues  
(20 CEU) – $280  
This program is designed to enhance the knowledge and skills of individuals who provide care and support for childbearing women, newborns and families.

Certificate in Spirituality, Health and Healing  
(25 CEU) – $350  
This offering covers the role of spirituality, rituals, culture, grieving, religion and their effects on health in diverse populations and traditions.

Certificate in Stress Management  
(14 CEU) – $196  
This certificate program explores the physiological, social and psychological impacts of stress and studies modalities to get stress under control.

Certificate in Violence Prevention and Awareness  
(13 CEU) – $182  
Workplace violence affects all categories of workers, but the healthcare sector is at the most risk for violence, comprising almost 25 percent of all workplace violence incidents with nurses at the greatest risk. This program provides you with important information to keep yourself, your peers and your patients safe.

**Human Anatomy and Physiology I – $119**  
This course begins with learning the major structures of the human body, the principles of chemistry important to human physiology, cell anatomy, principles of genetics and begins the foundation for Part II.

**Human Anatomy and Physiology II – $119**  
In this second section the study of different tissues, cellular metabolism and the evolution of the human body is reviewed throughout the lifespan from conception through old age.

*Medical Math – $119*  
This course includes a review of fractions, decimals and percentages and progresses into measurement systems and conversions for calculating dosages for oral, parenteral and intravenous medications.

*Medical Terminology: A Word Association Approach – $119*  
This course teaches medical terminology from an anatomical approach. Root terms are divided by each body system. The origin, a combined form, and an example of nonmedical everyday usage is provided for each root term.

*Spanish for Medical Professionals – $119*  
This course provides the foundation for asking questions regarding patient identification, symptoms, diets, medical care and treatment.

*Spanish for Medical Professionals II – $119*  
This course expands knowledge into phrases related to insurance, expressions for patient assessments, patient treatments, discharge planning and patient education.

* No healthcare CEU provided  
** Not accepted as prerequisite for Pharmacy Tech or Medical Coding and no healthcare CEU provided

Online CEU Certificate courses are approved for RNs, LPNs, LPCs, LCPCs, social workers and massage therapists unless otherwise noted.

Certifying Board Information:
- California Board of Registered Nursing, Provider #CEP 14693
- California Board of Behavioral Sciences, Provider #PCE 1564
- National Certification Board for Therapeutic Massage and Bodywork (NCBTMB), Provider #451562-11
Choose self-paced study when you want the convenience of being able to complete CE in your own home at a time that is convenient for you!

**Self-paced study programs must be completed within six months of registration.**

The Kansas State Board of Nursing allows RNs and LPNs to obtain 30 hours of CE through self-paced study each renewal period. The Kansas Department of Health and Environment allows licensed adult care home administrators to obtain CE hours through self-paced study.

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In order to make the self-paced booklets more convenient for you, some booklets are now available in PDF format and can be emailed to you Monday through Friday. After completing the test, you can scan and email your answers back to us and we will mail your certificate to you. You can also bring your completed test to us, or mail it to us. Printed booklets are still available. Sorry, certificates cannot be scanned or faxed to you.

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**Self-Paced Home Study: Booklet Courses**

Self-paced study courses with content relevant to ACHA practice are approved for the indicated number and type of CE clock hours for ACHAs licensed by the Kansas Department of Health and Environment. Long-term Sponsorship Number: LTS A0004.

### Registering for self-paced study programs

To register, follow the same procedure as for any other course. A complete packet of materials will be mailed directly to you or you may pick it up in Regnier Center 159. Some courses are now available in PDF format and can be sent via email upon request.

---

You can return your tests and evaluations to:

**Email:** kgill1@jccc.edu  
**Mail:** Johnson County Community College  
12345 College Blvd. Box 26  
Overland Park, KS 66210

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#### ABCs of Viral Hepatitis
- Contact hours: 3 for RNs and LPNs; 3 (RC) hours for ACHAs
- **HCIND-041-1** $42

#### Activating Willpower for Behavioral Change
- Contact hours: 3 for RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians
- **HCIND-059-1** $42

#### The Art of Positive Conflict: Effective Conflict Management Skills
- Contact hours: 1 for RNs, LPNs, social workers and counselors; 1 (A) hours for ACHAs
- **HCIND-046-1** $14

#### Assertiveness: New Perspectives
- Contact hours: 3.3 for RNs, LPNs, social workers and counselors
- **HCIND-007-1** $46

#### Beyond Sadness: Major Depressive Disorder
- Contact hours: 4 for RNs, LPNs, social workers and counselors; 4 (RC) hours for ACHAs
- **HCIND-009-1** $56

#### Bouncing Back: Increasing Personal and Professional Resiliency
- Contact hours: 6 for RNs, LPNs, social workers and counselors; 6 (A) hours for ACHAs
- **HCIND-015-1** $84

#### ABCs of Viral Hepatitis
- Contact hours: 3 for RNs and LPNs; 3 (RC) hours for ACHAs
- **HCIND-041-1** $42

#### Brief Solutions Focused Therapy
- Contact hours: 2 for RNs, LPNs, social workers, LPCs and LCPCs
- **HCIND-034-1** $28

#### Cancer in the 21st Century
- Contact hours: 4 for RNs and LPNs
- **HCIND-039-1** $56

#### Childhood Illnesses and Vaccinations
- Contact hours: 3 for RNs and LPNs
- **HCIND-030-1** $42

#### Conflict Management: Skills for Uncertain Times
- Contact hours: 5 for RNs, LPNs, LMHTs, social workers and counselors; 5 (A) hours for ACHAs
- **HCIND-008-1** $70

#### Cultural Competency
- Contact hours: 3 for RNs, LPNs, counselors, social workers and counselors; 3 (RC) hours for ACHAs
- **HCIND-025-1** $42

#### Current and Innovative Treatments for Depression
- Contact hours: 3 for RNs and LPNs; 3 (RC) hours for ACHAs
- **HCIND-010-1** $42

#### Dementia from Infectious Diseases
- Contact hours: 4 for RNs and LPNs; 4 (RC) hours for ACHAs
- **HCIND-036-1** $56

#### Difficult Decisions: Ethical Decision Making in Nursing Practice
- Contact hours: 3 for RNs and LPNs; 3 (RC) for ACHAs
- **HCIND-019-1** $42

#### Difficult Decisions: Ethical Decision Making in Social Work Practice
- **Meets the three-hour ethics requirement established by the Kansas Behavioral Sciences Regulatory Board.**
- Contact hours: 3 for social workers and counselors
- **HCIND-020-1** $42

#### Epidemiology of Infectious Diseases: A Review
- Contact hours: 3 for RNs and LPNs; 3 (RC) hours for ACHAs
- **HCIND-028-1** $42

#### Foodborne Illness: A Serious Disease Going Unnoticed and Under-Reported
- Contact hours: 3 for RNs, LPNs, social workers and counselors; 3 (RC) hours for ACHAs
- **HCIND-026-1** $42
Genetics and Nucleic Acids Inheritance and Therapy of the Future Contact hours: 3 for RNs, LPNs, APRNs and social workers  
HCIND-042-1 $42

HIV/AIDS Contact hours: 2 for RNs, LPNs, social workers and counselors; 2 (RC) hours for ACHAs  
HCIND-024-1 $28

Hepatitis C: The Silent Epidemic  
May not be taken with ABCs of Viral Hepatitis.  
Contact hours: 1 for RNs and LPNs; 1 (RC) hours for ACHAs  
HCIND-045-1 $14

Hypertension: The Silent Killer Contact hours: 4 for RNs and LPNs; 4 (RC) hours for ACHAs  
HCIND-035-1 $56

The Immune System: Deficiencies and Disorders Contact hours: 4 for RNs, LPNs and social workers  
HCIND-033-1 $56

Infections and Illnesses During Pregnancy Contact hours: 4 for RNs, LPNs and social workers  
HCIND-044-1 $56

Influenza: A Virus to Cause Future Pandemics? Contact hours: 3 for RNs and LPNs; 3 (RC) hours for ACHAs  
HCIND-023-1 $42

Making the Connection: Keys to Quality Customer Service Appropriate for all healthcare professionals. Contact hours: 5 for RNs, LPNs and social workers; 5 (A) hours for ACHAs  
HCIND-012-1 $70

Methicillin-Resistant Staphylococcus aureus and Other Types of Antibiotic Resistance Contact hours: 2 for RNs, LPNs, social workers and counselors; 2 (RC) hours for ACHAs  
HCIND-027-1 $28

Mosquito-Borne Illnesses Contact hours: 4 for RNs and LPNs; 4 (RC) hours for ACHAs  
HCIND-032-1 $56

Patient Compliance: A New Look Contact hours: 5.4 for RNs, LPNs, social workers and counselors  
HCIND-003-1 $76

Positive Psychology 101 Contact hours: 3 for RNs, LPNs, social workers and counselors; 3 (A) hours for ACHAs  
HCIND-038-1 $42

Protect Your Nursing Practice: Know the Law Contact hours: 4 for RNs and LPNs; 4 (A) hours for ACHAs  
HCIND-037-1 $56

Sepsis: Silent and Deadly Contact hours: 2 for RNs, LPNs, social workers and counselors; 2 (RC) hours for ACHAs  
HCIND-043-1 $28

Sexually Transmitted Diseases (STDs) Contact hours: 3 for RNs, LPNs, counselors, social workers; 3 (RC) hours for ACHAs  
HCIND-022-1 $42

Six Treatments for Anxiety and Depression Contact hours: 3 for RNs, LPNs, and social workers, PC and LCPC  
HCIND-004-1 $42

Striving: Four Components of Resiliency  
May not be taken with Bouncing Back: Increasing Personal and Professional Resiliency. Contact hours: 2 for RNs, LPNs, counselors and social workers; 2 (A) hours for ACHAs  
HCIND-017-1 $28

Successfully Bridging Cultural Differences Contact hours: 3 for RNs, LPNs, social workers, counselors and psychologists  
HCIND-040-1 $42

Superachievers and Coping Strategies Contact hours: 2.4 for RNs, LPNs, social workers and counselors  
HCIND-006-1 $34

Surviving: Impact of the Stress, Anxiety, Tension Triangle  
May not be taken with Bouncing Back: Increasing Personal and Professional Resiliency. Contact hours: 2 for RNs, LPNs, social workers and counselors; 2 (A) hours for ACHAs  
HCIND-016-1 $28

Tactful Toughness: A Home Study Course for Helping Professionals Contact hours: 3 for RNs, LPNs, social workers and counselors; 3 (A) hours for ACHAs  
HCIND-013-1 $42

Taking Care of Residents: A Customer Service Approach Appropriate for staff in LTC – May not be taken with Making the Connection: Keys to Quality Customer Service in Healthcare. Contact hours: 5 for RNs, LPNs, counselors and social workers; 5 (RC) hours for ACHAs  
HCIND-014-1 $70

Three-Score Years and 10: Families and Eldercare Contact hours: 6 for RNs, LPNs, social workers and counselors; 6 (RC) hours for ACHAs  
HCIND-029-1 $84

Thriving: 10 Behaviors for Maximizing Resiliency  
May not be taken with Bouncing Back: Increasing Personal and Professional Resiliency. Contact hours: 2 for RNs, LPNs, social workers and counselors; 2 (A) hours for ACHAs  
HCIND-018-1 $28

Tick-Borne Diseases Contact hours: 3 for RNs and LPNs  
HCIND-021-1 $42

The Time of Your Life: A Guide for Managing Time Contact hours: 2.6 for RNs, LPNs and social workers  
HCIND-005-1 $37

Toxins in Our Environment: What You Can’t See Could Hurt You Contact hours: 4 for RNs and LPNs  
HCIND-047-1 $56

Upset Workbook Contact hours: 8 for RNs, LPNs, social workers and counselors; 8 (A) hours for ACHAs  
HCIND-011-1 $112

Zoonotic Diseases: Diseases That Cross Between Humans and Animals Contact hours: 4 for RNs and LPNs  
HCIND-031-1 $56
## On-Demand CEU Online Courses

Choose online CEU courses when you want the convenience of being able to complete CE in your own home at a time that is convenient for you!

**Online CEU Courses must be completed within six months of registration.**

The Kansas State Board of Nursing allows RNs and LPNs to obtain 30 hours of CE through self-paced study each renewal period. The Kansas Department of Health and Environment allows licensed adult care home administrators to obtain CE hours through self-paced study.

Online CEU Courses with content relevant to ACHA practice are approved for the indicated number and type of CE clock hours for ACHAs licensed by the Kansas Department of Health and Environment. Long-term Sponsorship Number: LTS A0004.

### Registering for Online CEU Courses

To register, follow the same procedure as for any other course. An email will be sent with details on how to access the online video, the test and details on how to turn in the test to receive your certificate.

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Target Professionals</th>
<th>CE Hours</th>
<th>Price</th>
<th>Provider</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Epigenetics: The Exciting New Science of Aging</strong></td>
<td>RNs, LPNs, social workers, LPCCs and registered dietitians</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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<tr>
<td><strong>GMO Foods: The Good, The Bad and The Ugly!</strong></td>
<td>RNs, LPNs, registered dietitians, social workers and counselors</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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<tr>
<td><strong>Mosquito-Borne Illnesses: More Than an Annoying Buzz</strong></td>
<td>RNs, LPNs, APRNs, social workers, LPCs, LCPCs and psychologists</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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<tr>
<td><strong>Neurobiology of Addiction</strong></td>
<td>RNs, LPNs, social workers, LPCs, LCPCs and psychologists</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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<tr>
<td><strong>Online ICD-10-CM Proficiency Assessment Preparation</strong></td>
<td>No healthcare CEUs.</td>
<td>20</td>
<td>(20 contact hours – $249)</td>
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<tr>
<td><strong>The Truth About the Role of Alcohol in Disease</strong></td>
<td>RNs, LPNs, registered dietitians, respiratory therapists, social workers, LPCs and LCPCs</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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<tr>
<td><strong>The U.S. Healthcare System – Less Bang for Big Bucks</strong></td>
<td>RNs, LPNs, social workers, LPCs, LCPCs and registered dietitians</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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<tr>
<td><strong>You Mean to Tell Me I Still Have to Have Shots at My Age? Adult Vaccinations</strong></td>
<td>RNs, LPNs, social workers, registered dietitians, respiratory therapists and counselors</td>
<td>4</td>
<td>(4 contact hours – $56)</td>
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</table>

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### Registering for Online CEU Courses

To register, follow the same procedure as for any other course. An email will be sent with details on how to access the online video, the test and details on how to turn in the test to receive your certificate.
Important Information

Registration
Enroll early. Space is limited. Course space is reserved only after your registration fee is received.

Acknowledgement of Registration
An acknowledgement of registration and payment is emailed to you after your registration is received. Participants who have set up online access with Continuing Education Registration may also access their schedule online.

Attendance Policy
You are expected to attend each program in its entirety to receive contact hour credit. Credit for partial attendance is allowed only in emergency situations; contact hours will be rounded to the nearest half hour actually attended. Certificates will be awarded at the close of each program. Certificates must be picked up personally.

Continuing Education Transcripts
JCCC provides transcripts to document credit and professional continuing education coursework completed at JCCC. To request a transcript call 913-469-2323.

Certificates
You will receive a certificate of contact hours earned upon successful completion of the program.

Refund and Cancellation Policy
A full refund will be made if the College exercises its right to cancel a program or if the program is full when your registration is received. A request for refund will be honored if a request is received in the Continuing Education Registration office four business days before the program begins. Exceptions to this policy may be authorized by the program director and director of operations.

Parking – Come Early
Allow ample time to find a parking space. Parking is free.

Dress
Layer your clothing. Room temperatures vary.

Save time! Register online: www.jccc.edu/hhs
Course Enrollment Worksheet

Use this page to keep track of classes you are interested in. *This page is not an official enrollment form.*

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Name</th>
<th>Date / Time</th>
<th>Contact Hours</th>
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Notes:
How to Register for Courses

Online
Register for a Continuing Education course online, through our Course Search at www.jccc.edu/ce, click “Find a Course.” Search for a class and click “Register.”

By Phone – 913-469-2323
Register by phone using your credit card between 8 a.m. and 5 p.m. Monday through Friday.

In Person
Register in person at the Continuing Education Registration office, Regnier Center 173 on the JCCC campus. Registration is open 8 a.m. to 5 p.m. Monday through Friday.

Understanding Course Listings

- Technology in Healthcare
  - Technology is not only used more in your personal life today, it is also impacting the daily life of healthcare professionals and patient care. Keeping up with the latest information can be time consuming, but can help you improve you professional skills and value within your organization.
  - RNs, LPNs, social workers and counselors will earn 3 contact hours. AHCAs will earn 3 (A) hours.
  - Learning Objectives:
    - Discuss the paradigm shift of technology use in healthcare

- HSEM-000-1
  - Day(s) of the week: Sa
  - Course code: HSEM-000-1
  - Course date(s): Mar. 10
  - Building and room number: Regnier Center 181
  - Instructor name: Bill Smith
  - Course time: 8-11:30 a.m.
  - Total class fee / sessions: $42 / 1 session
  - Contact hours: 3
  - Network member special pricing: $14

Days of the week key:
- M Monday
- Tu Tuesday
- W Wednesday
- Th Thursday
- F Friday
- Sa Saturday
- Su Sunday

(See page 29 for campus map.)
Spring 2018
Courses fill fast.
Register today!
jccc.edu/hhs

Make a Difference:
Residential Care Needs Leaders Like You!
Stretch your skills in operating a first-rate facility. Whether you are an aspiring facility operator or want to learn the latest trends in long-term residential healthcare, you’ll get great ideas from JCCC’s Kansas Assisted Living Facility Operator Training Course. Complete this course and the state exam and you’ll be equipped to be a Kansas Department of Health and Environment long-term care facility operator.

8 a.m.-5 p.m.
Friday and Saturday
April 6-21

See page 16 for course information.
For more information, call 913-469-3811.